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San Francisco small businesses are making moves that matter

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SMALL BUSINESS MONTH SPOTLIGHT
This month, we’re celebrating business owners like Oscar Zavaleta, founder of the Montez Group, a construction management company in the Bay Area. Inspired by his father and an influential high school teacher, he knew having the right support was key. That’s why he partnered with Bank of America specialists to make smarter moves that helped him grow his business and reach his goals.

What would you like the power to do?®
For its latest incarnation, the Fendi Peekaboo ISeeU petite packs a lot of style in a mini-me version.

Spring rolls on with exceptional options for discovery, including a music fest, engaging exhibitions and wellness fixes.

Fertile ground takes inspiration from Mother Earth and full-on floral prints take the stage this season.

Steven Lagos’ new collection is nothing short of spectacular.

Panerai expands its legacy with the Luminor Goldtech Calendario Perpetuo and a memorable Florentine experience.

Frequent Louis Vuitton collaborator Alex Israel lets Los Angeles set the tone for City of Stars, the brand’s latest fragrance.

Buzzy brand Augustinus Bader expands with haircare, supplements and an innovative new cream.

From hospitality to fashion, Aslaug Magnusdottir puts sustainability at the center of everything she creates.

This month, Alonzo King and LINE Ballet kick off a 40th anniversary season with a world premiere at the Yerba Buena Center for the Arts.

The official presidential portraits of the Obamas travel from the Smithsonian to San Francisco for a summer stay at the de Young Museum.

Divya Alter is everyone’s go-to girl for ayurvedic cooking and living.

We asked local chefs and winemakers to conjure their favorite healthful dishes for warm-weather wine pairings.

Automakers are waking up to the wellness trend, adding more features to prioritize your well-being.

Take a peek inside the Bay Area’s hottest parties this season.

Hot on the heels of her interior range of paints launched last
LAGOS
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BLUE CAVIAR ULTRAMARINE

LAGOS.COM
This year, Kelly Wearstler is now taking it outside with an exterior collection of paints for Farrow & Ball.

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Whether in wicker, rattan or cane, the natural textures of woven designs add an earthy element to any interior.

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The team from Klopf Architecture refurbishes a San Francisco spec home by reversing the floor plan.

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In his new book, local luminary designer Ken Fulk takes readers on a journey through his magical mind.

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From Mexico to Africa—and beyond—these newly opened resorts invite guests to venture to exotic locales to achieve serenity in style.

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Nassau’s Baha Mar continues to offer guests diversions that surprise and feed the island soul.

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Let the good times roll in luxurious style at the recently unveiled Four Seasons Hotel New Orleans.

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Blending a data-focused approach to health with lush surroundings, exquisite meals and awe-inspiring treatments, Sensei Lanai, A Four Seasons Resort, has mastered the art of living well.

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Professional cyclist Peter Stetina teams up with Hotel Healdsburg this spring for rides like no other.
may features

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From mindfulness apps to diet hacks, the Bay Area’s grounded gurus have a wealth of wellness knowledge to share.

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Fashion and beauty magnate Camila Coelho expands her business ventures and begins a new chapter.

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THE NEW GLOW
Glassy and glossy skin is the spotlight this season for fresh-faced beauty that shines.

ON THE COVER
Jerry Rice
Photographed by Brendan Mainini
Introducing Coterie Cathedral Hill, a first-of-its-kind luxury residence designed and developed by two prominent industry leaders, Atria Senior Living and real estate firm Related Companies.

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publisher’s note

Welcome to our May issue! Our Health and Wellness Issue is always one of my favorites, and this year we are thrilled to have the amazing Jerry Rice on our cover. I had the opportunity to spend time with Jerry during the cover photo shoot. He is a truly genuine person—humble and engaging. While I am certain he is a much better golfer than I am, at least I had the opportunity to be on the same course as the G.O.A.T.

The year is going by fast, and so much is happening that it’s impossible to mention it all. I can honestly say I have received so many invitations recently to live events that it’s impossible for me to attend them all! It is so amazing to have live events back in full force. Recently in San Francisco we experienced the Game Developers Conference at Moscone, the NCAA Basketball Tournament at Chase Center and the SailGP championship. These events all brought thousands of travelers to San Francisco and really brought the city alive! In addition, the Bloom SF series of events, which included Embarcadero Center, Union Square, Westfield Centre and the Ferry Building, are all part of bringing the community back together.

As a media company, San Francisco Magazine is all about the community where we work and live and cover in the pages of our magazine and on our website. The greater Bay Area, Marin, Napa, Sonoma, the Peninsula and Monterey County are all part of the region we cover, and my team and I are always out and active in these communities. I have been fortunate enough in recent weeks to attend many events throughout the region and partner with great organizations to help promote these events. Recent events included the Sonoma International Film Festival, The Sonoma Epicurean Event (where I experienced an amazing dinner at Silver Oak Winery), the opening night gala for the SF Ballet 2022 season and Oakland Restaurant Week. These events are wonderful cultural experiences, but they are also crucial to the economic success of the region. Many of these events bring thousands of people into the region and benefit many businesses including hotels, restaurants and small, independently owned businesses.

Local businesses are the heart of any thriving community, and we are thrilled to produce our spotlight on small businesses in this issue. This is in support of the SF Small Business Week produced by the San Francisco Chamber and sponsored by Bank of America. Many thanks to President and CEO Rodney Fong and his team at the SF Chamber for producing this important series. Throughout my career I have worked with many small-business owners. The passion and creativity they bring to their businesses is inspiring, and I am thrilled that we are able to bring the spotlight to them. Thank you also to Bank of America for their great support.

Thank you all for supporting the communities in the region, and please continue to enjoy all of the wonderful experiences the Bay Area has to offer safely. Enjoy the issue!

A Vibrant Community

Walter Kupiec
Market President
wkupiec@modernluxury.com
Everyone has an endorphin moment. It might involve meditation, yoga, cycling, reading a great novel or even walking with a loved one and holding hands. My endorphin moments involve all of those activities and, lately, a little more: carousing with a golden retriever pup named Ruby.

Don’t laugh. Countless studies have shown that interacting with our pets decreases levels of cortisol (a stress-related hormone) and lowers blood pressure. All right, maybe not when housebreaking is part of the agenda, but you get the idea. Ruby is good for my health.

Our cover star Jerry Rice would agree. He told me that he wakes up by 6:30 each morning to run or walk his dogs. The Hall of Fame wide receiver, who still lives, works and volunteers in the Bay Area, is the perfect candidate for our Wellness Issue. Another intangible that goes a long way toward great health: love where you live. “We have everything here—great weather year-round, excellent food and great people,” Rice says about San Francisco. “It keeps me motivated, as there are so many people here inventing and creating new businesses, and the energy is contagious. I’ve spent years building relationships in the community. This is home.”

There are other wellness fixes, of course. I’ve always believed that coming in contact with beauty—from natural to artistic splendor—promotes wellness of mind and spirit. One way to get a dose this month is by taking in a performance of LINES Ballet (linesballet.org), which was founded 40 years ago by Alonzo King, whose choreography is legendary.

In “Moments of Grace,” King told me something I’ll never forget about dance and life: “Dance training can’t be separate from life training. Emerson lucidly states that the aim of art is higher than art. Everything that comes into our lives is training, and it’s to mold and shape what’s needed for the next step in our personal development.”

I hope this issue and the people we spotlight provide inspiration on your road to wellness. In the meantime, you’ll find me in our backyard with Ruby, laughing at her approach to learning about life and familial love.

Here’s to your health.
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The elders in our families are most often who we turn to for wisdom and comfort as we navigate life’s major moments. Our parents and grandparents are a stable presence, offering guidance and support. Many of us are never truly prepared for the day when those roles reverse.

For Linda Sheff and her sisters, Nancy and Leslie Friedman, that day came when their mother, Harriet, began to show signs of memory loss. Confronted with a challenge they had never faced before, Linda and her sisters sought guidance on how to best care for her.

From in-home care to a range of community living and care choices, the family had many options. But they ultimately agreed that the right senior living community could provide their mother with the support she needed and allow their father, Richard, to continue offering emotional support without being a full-time caregiver.

“This was certainly new for us,” Linda says. “I started talking to a social worker to understand the disease and its progression. The next stage was navigating and finding a facility that would be a good fit for her. The one that really struck me the most was Belmont Village Senior Living.”

The family’s journey to find the right senior living community and memory care program for their mother was, at times, overwhelming. But as the search progressed, they learned what was most important to look for in a community.

**Six Ways Community Living Can Help Seniors Thrive**

One family’s journey to senior living

**Six Benefits of Senior Living**

**Regular Socialization**

Living at home alone can lead to isolation and loneliness that often exacerbates other health issues and accelerates cognitive decline. The Friedmans had each other, but their socialization needs were very different. The immediate goal for...
the sisters was to find the right care option for their mother, but they knew they also wanted a place where their father could thrive as well when he was ready to join her. The right community would offer opportunities for regular engagement with others, suited to each of them.

DAILY ACTIVITIES
Residents should be offered a stimulating daily calendar of educational and creative activities to engage mind, body, and spirit at every stage. A comprehensive calendar offers myriad ways to learn new skills and experience new things—helping improve brain health.

"Once my father decided to move in, his engagement level increased. He’s made good friends and is still very active at 95," Linda says. “For my mother, the memory programs gave her structure, and the staff adapted activities to her ability, every step of the way. What we loved most was that my father was able to join my mother in her activities, so they were still able to spend her final years together.”

AGING IN PLACE
Essential to the daughters was that their parents could continue to age under the same roof, even as needs changed. Because Belmont Village communities are licensed for a high level of care throughout their buildings, both parents could remain in the same community through every care stage.

“The most important part of the search was a continuum of care,” Linda says. "Belmont Village has assisted living for those like my father and, for my mother who had Alzheimer's, they have multiple levels of dementia care. It’s not one-size-fits-all.”

FITNESS PROGRAMS
Look for an on-site fitness center with dedicated programs for cardiovascular and strength training. Activities should also work mind and body together for improved brain health. Belmont Village offers on-site physical, speech, and occupational therapy, which, for Linda, meant that the Friedmans wouldn’t have to leave the community if they needed therapy services—an added level of care.

NUTRITIONAL DINING
For seniors living at home, meal times can be stressful and hard to manage, especially when one partner is the caregiver for the other. Belmont Village provides gourmet meals that are heart- and brain-healthy. They also accommodate special diets, so meals are not only nutritious, they’re enjoyable again—a much-anticipated social time for residents.

CARE
Many families realize they need help to provide the best care for their loved one when daily medical care needs become too much for family members to handle. Make sure that the community you choose can meet your loved one’s needs. Around-the-clock—licensed nurses on-site 24/7, along with a trained care team, can reduce ER visits and re-hospitalizations.

“It gave me such peace of mind to know my mother was getting the care that she needed and the love that she needed," Linda says. "A year and a half after my mother moved in, my father moved in himself. What was so wonderful about that is they were able to spend every day together. That really was such a gift."

For Belmont Village, health and wellness is a way of life. Recognized as an industry leader, they offer a daily Whole Brain Fitness program that engages residents and provides socialization for all activity and cognitive levels; from self-directed programs for independent residents who want to stay active and maintain mental acuity, to Circle of Friends®, a dedicated seven-day program for Assisted Living residents with mild to moderate memory impairment, to more tailored care plans for late-stage memory loss.

To learn more about Belmont Village’s senior living options, visit BelmontVillage.com/BayArea.
WEIGHT LOSS
Our medically supervised weight management offers a personalized approach to achieving your healthy, happy weight and sustaining it for a lifetime. Start your journey and enjoy personalized 1-on-1 coaching sessions, optional FDA-approved weight loss medication, ongoing body composition analysis, metabolic and hormonal laboratory testing, and more.

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Play.
Invent.
Repeat.

This summer, dive into the joy of tinkering. Explore artworks, contraptions, exhibits, and experiences for all ages. Sculpt with light and shadow, build (and break) circuits, compose music from junk, and much more. Follow your own imagination—and celebrate the creativity we all share.

DIVE IN
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COMMUNITY PARTNERS
San Francisco Chronicle SFGATE Bay Area Parent abc7 bartable
What comes after “Peekaboo”? “I see you,” of course. For its latest incarnation, the Fendi Peekaboo ISeeU petite packs a lot of style in a mini-me version. While the bag might be a scaled-down version of its iconic predecessor, it shares the same bold design and ultimate wearability, from top handle to crossbody, and is roomy enough for all of today’s needs. Coming in 12 colorful and cheerful options in soft nappa leather, you can literally have every color of the rainbow and wear it too. By James Aguiar
The new one-day Mill Valley Music Festival kicks off May 7. A celebration of diversity, the Mill Valley Chamber of Commerce presents this event filled with great food, drinks and art. Don’t miss performances by eclectic Grammy-nominated singer Ben Harper and his band The Innocent Criminals, funk band Lettuce, psychedelic folk singer Liz Cooper, Latin Grammy Award-winning band Los Amigos Invisibles and the Bay Area’s own Caribbean-inspired La Doña. 180 Camino Alto, Friend Field, Mill Valley, 415.388.9700, millvalleymusicfest.com
STAY

Revamped and reopened, The Hyatt Regency San Francisco Downtown SoMa welcomes visitors once again. Once known as Park Central Hotel, the newly minted space features updates in every inch of the 686-guest room hotel, including in the fitness studio, which offers state-of-the-art equipment and five Peloton bikes, in addition to a grab-and-go marketplace and coffee bar. Academy of Art University alumni and student artworks are showcased throughout the property.

50 Third St., 415.974.6400, hyatt.com

REST

On Post Street downtown, luxury sleep brand Saatva recently opened a new immersive 5,900-square-foot space conceptualized by renowned interior designer Vicente Wolf. Designed to be more than a mattress showroom, Saatva’s new viewing room is the ultimate destination for an integrated mattress exploration, education and modern retail technology experience.

128 Post St., 877.597.0583, saatva.com

DECORATE

Establishing its first brick-and-mortar, e-commerce brand Love Fest Fibers has opened its doors in San Francisco. The brand’s fibers are produced through a partnership with artisan women in Nepal and Tibet.

“Love Fest has become part of a tremendous reimagining of what yarn can be made from,” says founder Britt-Marie Alm.

“People are excited to explore fibers they’ve never seen, or even heard of, before—everything from handspun yak down to recycled plastic bottle fiber.” Alm’s large-scale woven threaded art installations will also be displayed. The designs are handwoven and use a traditional Tibetan technique with Himalayan strips. Workshops by guest fiber artists will also be on offer.

3300 Judah St., 510.545.9049, lovefestfibers.com
dispatch  NOW IN SAN FRANCISCO

STYLE

For those who want a more decoratively sublime spot to keep their cannabis products, Jenny Magdol and Steffi Oehm, founders of San Francisco-based Alter Interiors, recently introduced the cannabis high bar. The functional piece, which was handmade by woodworker Valerie Alt, beautifully displays spirits and buds. alterinteriors.com

A new installation at Jan Shrem and Maria Manetti Shrem Museum of Art explores social inequity, racism and failures of democracy. From Moment to Movement: Picturing Protest showcases works from Bay Area-based art collectors Pamela and Dick Kramlich’s Kramlich Collection. Patrons will discover international contemporary artists, such as Shiva Ahmadi, Kota Ezawa and Theaster Gates, plus more than 30 years of new media work. This large-scale exhibition features six video and film installations, which are rooted in real world events taking place in the United States, China, India and South Africa.

Join Wender Weis Foundation this month for an afternoon of charitable fun during Children’s Champions. The event includes sports drills, clinics, demonstrations and a chance to meet Stanford athletes. Also on tap: arts and crafts, face-painting and photo-ops with professional team athletes and mascots. Proceeds go toward at-risk kids in the Bay Area. May 22, 3-5pm, childrens-champions.org
RELAX

With the reopening of its famous mud baths, Dr. Wilkinson’s Backyard Resort & Mineral Springs is once again ready to continue wellness offerings. Over the past 70 years, Dr. Wilkinson’s has evolved mud-bath techniques and has a newly remodeled wellness spa, which features four mud baths, seven indoor and two outdoor mineral baths and other massage and therapy options. Apart from the wellness features, this resort offers rooms in the newly renovated cottages and Victorian House. There are 50 newly improved guest rooms that still offer a nostalgic, midcentury vibe. The Victorian House, established in 1924, hosts 15 sleeping rooms along with spaces to hold gatherings and events and a private porch with views of Napa Valley. 1507 Lincoln Ave., Calistoga, 707.942.4102, drwilkinson.com

Head to Dr. Wilkinson’s this season for a full recharge.

SEE

Featuring works by 32 women artists, the SFMOMA presents *Shifting the Silence*. This exhibition showcases the radical and experimental abstract designs of creators like Firelei Baez, Nairy Baghramian, Liz Hernández and more through various mediums, such as sculpture, photography, textile, video and paintings. 151 Third St., Floor 7, 415.357.4000, sfmoma.org

SOOTHE

With the opening of its second location, Redmint, an urban wellness sanctuary, offers fitness practices rooted in traditional Chinese medicine. San Francisco-based founder Helina Fan combines her 18 years of business experience with a passion for TCM to bring a holistic skincare collection, remedies and restorative health treatments to patrons. An herbal bar offers lattes, shots and teas. Other services include face and body acupuncture, lymphatic drainage, LED therapy and more. With 5,000 square feet of indoor and outdoor space, this location is designed with a mix of modern and old-world inspiration with Chinese elm wood doors, a charred wood ceiling and large outdoor courtyard deck, which is available for event bookings. 2044 Fillmore St., 415.888.8368, redmint.com

Known for its premium fruits and nuts, which are served at over 150 high-end restaurants, K&J Orchards has recently opened its owners’ first restaurant, Pomet, in Oakland. Helmed by Aomboon Deasy, the second-generation co-owner of K&J Orchards, this new endeavor dishes California-inspired fare. Executive chef Alan Hsu runs the kitchen and allows the seasons to dictate what’s featured on the a la carte menu, featuring ingredients from K&J Orchards. Early favorites include aged Stemple Creek Ranch short rib and lamb-neck noodles. Sommelier Paul Einbund’s wine menu, showcasing outstanding regional vineyards, offers perfect pairings. 4029 Piedmont Ave., Oakland, 510.450.2541, pomet-oakland.com

DINE

STAY

After a two-year hiatus and major renovation, the Stanford Court Hotel has reopened its doors. The property unveils a revamped lobby, guest room and suite upgrades, and 24-hour fitness studio along with the modernization of gathering spaces. In addition to upgrades throughout the hotel, new amenities include a library, music room and digitally curated art gallery, which changes monthly. The SC Bar & Lounge is open for dinner, desserts and drinks, offering an extensive list of exclusively brewed and popular ales along with an equally extensive wine list featuring Bay Area favorites. 905 California St., 415.989.3500, stanfordcourt.com
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TRENDWATCH

Mother Nature

FERTILE GROUND TAKES INSPIRATION FROM MOTHER EARTH THIS SPRING.

BY FAYE POWER VANDE VREDE

Products, clockwise from top left: Akris cotton poplin Seealpsee print dress, akris.com; Jacob & Co. Zodiac Collection 18K rose gold and diamond celestial zodiac pendant necklace, saks.com; Acne Studios layered printed velvet minidress, net-a-porter.com; Saint Laurent by Anthony Vaccarello brass and glass snake brooch, ysl.com; Alexander McQueen four ring box clutch, alexandermcqueen.com; Lizzie Fortunato crystal column earrings in Sunset, lizziefortunato.com; Bottega Veneta clutch, bottegaveneta.com; Balmain Ultima sandals in gold lambskin, balmain.com; MOTHER: A Tribute to Mother Earth by Marsel van Oosten (TeNeues), mother-book.com; Gas Bijoux Sao 24K gold-plated and peacock feather drop earrings, saks.com; Tiffany & Co. Schlumberger Fleurage platinum brooch and 18K yellow gold with an aquamarine of over 2 carats and diamonds, tiffany.com.
"I go to nature to be soothed and healed, and to have my senses put in order."
dispatch TRENDSWATCH

Secret Garden

FULL-ON FLORAL PRINTS TAKE THE STAGE THIS SEASON. BY FAYE POWER VANDE VREDE

Products, clockwise from top right: Oscar de la Renta geometric floral silk button-up, saks.com; Gucci Rouge à Lèvres satin lipstick, gucci.com; Armani Beauty Armani Prive Vert Malachite, giorgioarmanibeauty-usa.com; I.D. Sarrieri Energy Flowers satin-trimmed embroidered tulle underwired balconette bra and briefs, net-a-porter.com; Johnny Was Decklyn floral silk pillowcase, saks.com; Hermès butter calfskin and wicker Sabot bag and earthenware jar with evergrain calfskin Kelly bag handle, hermes.com; Dior Maison Lucky Milly apron, dior.com; Cartier platinum and diamond earrings, cartier.com; Dior Maison ABCDior dessert plate, dior.com.

Jason Wu spring/summer 2022

Secret Garden

FULL-ON FLORAL PRINTS TAKE THE STAGE THIS SEASON. BY FAYE POWER VANDE VREDE

Products, clockwise from top right: Oscar de la Renta geometric floral silk button-up, saks.com; Gucci Rouge à Lèvres satin lipstick, gucci.com; Armani Beauty Armani Prive Vert Malachite, giorgioarmanibeauty-usa.com; I.D. Sarrieri Energy Flowers satin-trimmed embroidered tulle underwired balconette bra and briefs, net-a-porter.com; Johnny Was Decklyn floral silk pillowcase, saks.com; Hermès butter calfskin and wicker Sabot bag and earthenware jar with evergrain calfskin Kelly bag handle, hermes.com; Dior Maison Lucky Milly apron, dior.com; Cartier platinum and diamond earrings, cartier.com; Dior Maison ABCDior dessert plate, dior.com.

Jason Wu spring/summer 2022
It’s not a rare sight to see Caviar jewelry from LAGOS (lagos.com) dangling from the wrists of fashion mavens—since debuting his first line in 1977 in Philadelphia, founder Steven Lagos has been a staple in the jewelry boxes of the elite. But now, he’s looking for inspiration outside of the Philadelphia border, farther north, to Rhode Island. Look to his two newest collections, Blue Caviar Ultramarine and Newport, to see how. “I was inspired by the coastal city of Newport, the sky, the pristine blue waters, the sailboats. It’s super chic, but in an unaffected way. It’s all about the desire to escape our daily landscape, and to lean into the spirit of wanderlust and adventure,” he explains. The Newport collection, which debuted in January, features nautical motifs and oceanic colors woven within sterling silver, 18K gold and ceramic. For Blue Caviar Ultramarine, a bright, rich blue hue encapsulates the stunning pieces. In this collection, the jewelry is made from the classic Caviar Nautical Jewels.

STEVEN LAGOS’ NEW COLLECTION IS NOTHING SHORT OF SPECTACULAR.

BY ANTONIA DEPACE

CONTINUED...
NOTHING IS off THE TABLE
...CONTINUED

beading handcrafted in ceramic—adding a pop of color to any jewelry box. Lagos, who enjoys visiting Newport, says that the sea is a frequent inspiration for him. “Our original Blue Caviar was inspired by the turquoise Mediterranean waters of Greece. This iteration in ultramarine—which means beyond the sea—was inspired by the deep blues of the Atlantic Ocean,” he adds. “There’s something bold but also tranquil about the varying blues found in nature.” When it comes to styling, Lagos defers to his brand stylist and daughter, Kate. Ultimately, she loves the look of the Blue Caviar Ultramarine collection paired with their White Caviar for a full-on nautical statement, or coupled with an 18K Caviar Gold piece as a rich, bold accent. “With Newport, I played with scale, offering delicate pieces that can be layered and statement pieces that can stand alone. The two-tone pairs nicely with everything so you can mix and match to reflect your personal

“THERE’S SOMETHING BOLD BUT ALSO TRANQUIL ABOUT THE VARYING BLUES FOUND IN NATURE.”

—STEVEN LAGOS

style,” he explains. While the entire collection is fabulous, Lagos predicts that the signature Caviar Rope bracelet in ultramarine will be popular, as it’s the iconic style that already adorns the wrists of many clients. Another iconic design that’s getting an upgrade: Smart Caviar, which is the brand’s fine jewelry bracelet for the Apple Watch and take on the wearable tech movement. “For all our collections, it’s about offering women options to express themselves,” Lagos concludes. “Color is the easiest way to personalize your look, so we provide options to mix and match based on mood, occasion and season. Blue and two-tone are both fan favorites, so we feel confident that our customers will find something they love.”
The Foreseeable Future

By channeling its compelling history, Panerai expands its legacy with the Luminor Goldtech Calendario Perpetuo and a memorable Florentine experience.

By Stephen Watson
By adapting cues taken from its early tool watches and diving instruments, Panerai has evolved the spirit of its early designs into a beloved collection of modern timepieces. Designed to brave Earth’s harshest conditions, modern Panerai watches retain the same uncompromising functionality as their forebears, complete with striking case designs, legible dials and characteristic protective crown guards, making every Panerai timepiece instantly recognizable.

Yet, the latest Calendario Perpetuo’s introduction brings about some surprising and extravagant new developments to Panerai’s lineup.

Built in a limited run of only 28 pieces, the Luminor Goldtech Calendario Perpetuo is a high complication that took Panerai more than five years to develop. With a perpetual calendar, the watch’s date doesn’t need to be manually reset with the passing months; the correct day will automatically shift into place, no adjustments needed. It sounds like a small detail but becomes exceptionally complicated in practice, especially when you factor in leap years and months with fewer than 31 days, which keep the Calendario’s date accurate to year 2399.

Legibility is a hallmark of any Panerai dial, and the Calendario Perpetuo is no exception. Deceptively simple at first glance, the watch’s functions are cleverly split between the front and back of the watch, revealed through layers of semitransparent sapphire crystal, subtly showcasing the various discs making up the watch’s multiple calendar functions.

Through its layers, the Perpetuo Calendario provides plenty of practical information beautifully: hours, minutes, a small seconds subdial with day-night indication at nine, a second-time zone, and a day-date indicator at three on the dial. On the back of the watch, you’ll find the month display and leap year indicator, the year displayed in four digits and a power reserve, all visible through the sapphire case back.

Pushing the envelope of new materials and technology through the work of Panerai’s Laboratorio di Idee based in Neuchatel, the Luminor Goldtech Calendario Perpetuo utilizes a proprietary polished gold alloy for its case construction; the material includes copper and platinum for remarkable color and strength. Paired with a specially created alligator strap with a shaded patina, natural dyes used in the tanning process ensure no two straps are alike.

Inside the 44 mm polished Goldtech case, the perpetual calendar is powered by the in-house automatic mechanical movement (Panerai P.4100) first introduced in two models last year. The movement can store up to 72 hours or three days of energy in reserve when fully wound, courtesy of a 22K gold micro-rotor decorated with diamond-cut angles providing just enough Italian sprezzatura. The Luminor features a water resistance of 5 bar, or about 50 meters, perfect for dressy underwater endeavors.

The 28 lucky Paneristi who purchase the watch will also receive a luxurious “Xperience,” a private Florentine adventure hosted by Panerai in October 2022. Clients will visit the Panerai flagship in the heart of Florence, where they will discover hidden secrets that are deeply valued by the manufacture. Activities will include wine tastings, traveling the Tuscan hills in vintage cars and discovering the landscape from hot air balloons, all in the birthplace of Officine Panerai. The experience is a rare vision of Italy, seen through the eyes of its most famous Florentine watchmaker.
Known for large-scale airbrushed gradient paintings and graphic installations constructed from movie props, artist Alex Israel’s unique vision is deeply inspired by his hometown of Los Angeles. The same can be said for City of Stars, his latest collaboration with Louis Vuitton that includes an evening fragrance by Jacques Cavallier Belletrud (Israel designed the bottle and packaging), along with a special travel case and trunk that features original work by the artist for the first time. “I looked to the city itself, specifically the view from the hills, through silhouetted palm trees, overlooking Hollywood and the grid of city lights below,” says Israel on what inspired his designs. “It posed a challenge: to explore Los Angeles mythology, to capture the mood of a place and time, and to distill these ideas into an image (and into an object) that hopefully maintains some trace of the city’s magic.”

Cavallier Belletrud’s lush citrus scent only adds to the intrigue. “It’s radically turned toward the special, shimmering atmosphere of a night in Los Angeles when the singular setting sun gives way to the city’s lights and spotlights that traverse the sky,” he explains. “The brilliance of citrus creates a tension that’s soothed by a veil of tiare flower, the gentle scent of monoi oil ennobled by essence of sandalwood and the caress of powdery musk. They celebrate the night and characterize the sophistication of a perfume that ultimately exalts sensuality—as if to say, ‘Let’s stay together like this forever.’”
Perhaps no brand has caused more of a skin-sation in recent years than Augustinus Bader (augustinusbader.com). The tale is now the stuff of beauty legend: Esteemed stem cell biology expert and doctor of regenerative medicine Augustinus Bader’s work has always been in the field of medical research as a physician and professor, where his discoveries led him to eventually launch the instant cult-status, multiple award-winning, cobalt blue-bottled beauty booster. The secret sauce? All of the formulas contain specialized compound TFC8—a “trigger factor complex” that stimulates the skin’s process of self-renewal. Now available in a variety of textures ranging from a rich cream and face oil to the newly debuted, ultracomforting The Ultimate Soothing Cream, the entire range focuses on long-term skin health.

Now, the Augustinus Bader team has also turned its attention to hair with a full range of TFC8-powered shampoo, conditioner, leave-in treatment and supplements—all to promote better hair health. “In my work as a medical doctor and...”
“By translating our award-winning technology for skin repair and cellular regeneration to the scalp and hair follicles, we have created an unprecedented science-backed system that reawakens the body’s intrinsic ability to regrow hair and supports renewal from root to tip.”

—AUGUSTINUS BADER

research scientist, I have observed many similarities between the complexion and the specialized cells that make up the scalp and hair follicles. Just like the skin, hair is governed by natural forces that slow over time, causing undesirable yet reversible outcomes,” says Bader. “By translating our award-winning technology for skin repair and cellular regeneration to the scalp and hair follicles, we have created an unprecedented science-backed system that reawakens the body’s intrinsic ability to regrow hair and supports renewal from root to tip,” he says.

The results? The numbers speak for themselves. In 12-week clinical trials The Hair Revitalizing Complex increased hair count by 34%, reduced broken and damaged hair from brushing by 86% and increased hair hydration by 79%. In 12-week user trials, 98% saw improvement in overall hair health and quality, 95% noted stronger hair with decreased breakage, 91% observed improved hair growth, 94% said hair was shinier and more vibrant, 92% said hair feels thicker and appears fuller, and over 90% reported improvements to whole-body wellness, from reduced bloating and irritation to improved energy and digestion.

The numbers are impressive, indeed—and harnessing our body’s own healing powers to look our best and achieve maximum glow? Now, that’s truly brilliant.
“Proximity to the ocean is something that I grew up with both in Reykjavik and California,” says Aslaug Magnusdottir. “Now, simply walking on the beach with my little shiba inu, Icy, is one of the most restorative things I do.”

Born in Reykjavik, Iceland, and raised between there and Los Angeles, Aslaug Magnusdottir has loved fashion for as long as she can remember. “When I was 4 years old, my favorite book was *Princess Penelope’s 365 Dresses* and I begged my mom to read it to me every night even though I knew all the words by heart,” says Magnusdottir, co-founder of Moda Operandi and founder and CEO of Katla, the vegan womenswear line she launched in 2020. “It was only recently that I realized that the book was actually a story about sustainable fashion.” The theme of sustainability has played a big part in her career, starting with Moda Operandi’s preorder model—“It allowed us to perfectly match supply and demand, and to minimize waste,” Magnusdottir explains—to Katla’s eco-conscious ethos. “We select beautiful eco-friendly fabrics, such as seaweed blends, organic cotton and vegan silks, and manufacture locally in the United States,” she says. “Most importantly, we apply a zero-waste manufacturing policy, which means that we only produce what our customers actually buy.” After experiencing major career burnout, Magnusdottir made health and fitness (running; sessions with Mary Helen Bowers, founder of Ballet Beautiful; martial arts; and more) a priority in her life, something she’s applying to the creation of Six Senses Óssurá Valley, a wellness-focused luxury resort in Iceland that will open in two to three years. Here, the Iceland- and California-based entrepreneur—and mom-to-be—shares her sustainable style picks.

“Intentionally Chic

**FROM HOSPITALITY TO FASHION, ASLAUG MAGNUSDOTTIR PUTS SUSTAINABILITY AT THE CENTER OF EVERYTHING SHE CREATES.**

BY LAURA ECKSTEIN JONES
PORTRAIT BY KARI SVERRIS
“Stella McCartney is my go-to for beautiful vegan shoes. I love the chunky sole of this sandal and will be pairing it with summer dresses and skirts.” Stella McCartney Emilie vegan leather sandals, modaoperandi.com

“I regularly use this product—made from blue lagoon geothermal seawater and silica mud—to deep cleanse my skin and to help minimize the appearance of pores.” Blue Lagoon Iceland silica mud mask, skincare.bluealagoon.com

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“I partnered with an Icelandic artist to create the print for this dress, which is inspired by the beautiful poppy fields of California.” Katla Sofía dress, katla.com

“This mini version of the iconic Falabella tote is the perfect bag for casual dinners and nights out. It looks great with slacks and a button-down or cute crop top.” Stella McCartney mini Falabella crocheted cotton tote bag, modaoperandi.com

“The stunning color of this dress is guaranteed to make a statement. I will be wearing it to summer cocktail parties and dinners.” Ganni cutout printed cotton strapless midi dress, modaoperandi.com

“I love how oversized this raffia bag is, which makes it perfect for going to the beach.” Cult Gaia Irma large raffia tote, modaoperandi.com

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“Cult Gaia bags have become a staple of my summer wardrobe. I love how oversized this raffia bag is, which makes it perfect for going to the beach.” Cult Gaia Irma large raffia tote, modaoperandi.com

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LINES Ballet dancers Shuaib Elhassan and Adji Cissoko
Moments of Grace

This month, Alonzo King and Lines Ballet kick off a 40th anniversary season with a world premiere at the Yerba Buena Center for the Arts.

By Michael McCarthy
Photographed by RJ Muna

Alonzo King never does anything without maximax effort. After all, the visionary choreographer is a creative force of nature. So, it’s not surprising that, to kick off 40 years of beautiful dance, King’s LINE Ballet will perform at the Yerba Buena Center for the Arts this month in collaboration with Grammy winner Lisa Fischer and MacArthur fellow and Kennedy Center Jazz Director Jason Moran. The season opener also will include Lines Ballet’s 40th anniversary gala (May 14), an elegant evening benefiting Lines Ballet’s new works and educational programs. King sat down with us to discuss everything from the essence of dance to what’s next for this homegrown ballet company.
What does movement and dance mean to you, and has it changed over 40 years?
All dance, no matter what the form or style, is connected to our earliest primordial ancestors. Those ancestors understood that we’re conduits for information and that one must get out of the way in order to receive and transcend.

In the rooms where most of us spend our time training and rehearsing, we cannot forget that we’re linked to that primordial history, and our aim is the same. The goal, as it was then, is the same now: transcendence. The aim is to get beyond the five senses for a deeper experience, and to share what was culled from that experience with others—and also connect with the powers of nature.

Why do you think LINES Ballet is just as important today as it was 40 years ago?
I’ve maintained a long-held focus of exploring ballet’s potentiality for endless possibilities by seeing it as a science of movement and not a style. And combining those explorations with the knowledge of the internal transformation that happens with the practice of yoga science.

Dance training can’t be separate from life training. Emerson lucidly states that the aim of art is higher than
art. Everything that comes into our lives is training, and it’s to mold and shape what’s needed for the next step in our personal development.

When we observe dancers dancing, we’re witnessing who they are. We dance our consciousness. The qualities we admire in great dancing are the same qualities we admire in humanity: courage, fearlessness, generosity, wisdom, depth, compassion and honesty. In good training, what’s being taught are values, and what’s being freed and strengthened is the mind.

Doing anything for four decades is admirable, much less maintaining a dance company. How do you measure its success after all this time? When I consider that the company has been dancing, educating, performing and touring for 40 years, it affirms in me the power of perseverance. There’s a strength from believing in something and sticking to it. I also recognize that nothing is done alone, and that true success has to include the success and happiness of others.

The work at LINES is fundamentally about the individual melting into the universal.
“The qualities we admire in great dancing are the same qualities we admire in humanity: courage, generosity, wisdom, depth, compassion and honesty.”

—ALONZO KING

Each human being is uniquely created. To perfectly imitate someone else is a death to your own original voice. It’s important that the voice be original, because there is no other you; what you represent must be voiced, lived and expressed. Books can be a cause of inspiration, but, at some point, you have to become your own living book.

Please tell me about your collaboration with Lisa Fischer and Jason Moran on the latest production.
Lisa Fischer and Jason Moran are both musical titans. They plummet the most profound depths of musical diving and always resurface with shining treasures. We’ve worked together on multiple projects over many years, and it’s always a joy.

The documentary by Drea Cooper sounds exciting. What can you tell me about the film?
Drea Cooper has been working on a documentary about LINES Ballet called Origins. It includes interviews and footage of the company at the San Francisco Museum of Modern Art and in the stunning landscapes of the Arizona desert. The film explores a cinematic approach to LINES Ballet’s choreographed art form. The film is about creativity and dance, and it’s about human beings’ engagement in this art form from the very beginning.

You have another film in the works starring Misty Copeland and LINES dancer Babatunji Johnson, yes?
This is Misty’s first independent film project through her production company, Life in Motion Productions. She wanted to highlight the social issues in the Bay Area, including homelessness, gentrification, history and community. I created choreography for the film, and we collaborated on how to tell the story through movement. It was a beautiful form of art-activism combining the dance with storytelling on film.

What other anniversary plans should our readers know about in the year ahead?
We’re currently in San Sebastian wrapping up the final month of an international tour. I just completed a new commission for American Ballet Theatre (abt.org), which premiered at Segerstrom Center for the Arts (scfta.org) and will tour to the Kennedy Center (kennedy-center.org) and the Metropolitan Opera House (metopera.org). My work will be performed by Ballet Rambert (rambert.org.uk) and the National Ballet of Canada (national.ballet.ca) later this year. And in October, we’ll premiere another work at the Yerba Buena Center for the Arts (ybca.org), inspired by the Arctic. May 13-22, Blue Shield Theater at Yerba Buena Center for the Arts, 700 Howard St., 415.978.2787, linesballet.org

Alonzo King celebrates 40 years of LINES Ballet this year.
Art of Power

THE OFFICIAL PRESIDENTIAL PORTRAITS OF THE OBAMAS TRAVEL FROM THE SMITHSONIAN TO SAN FRANCISCO FOR A SUMMER STAY AT THE DE YOUNG MUSEUM. BY MICHAEL MCCARTHY

It should surprise no one that the most impactful couple to inhabit the White House in the past 50 years also had the most transcendent official portraits painted of them. The works of Barack and Michelle Obama by artists Kehinde Wiley and Amy Sherald, respectively, are part of The Obamas Portrait Tour of five American cities, which began in Chicago last summer. The Bay Area stop is at the de Young Museum. The paintings represent the first time Black artists were commissioned by the Smithsonian’s National Portrait Gallery to paint the official portraits of a president and first lady; more than 4 million visitors visited the paintings at the Portrait Gallery before the tour.

Each work goes beyond the staid portraiture of past first couples. President Obama stares into the middle distance wearing a suit and no tie; the unconventional backdrop is overgrown with chrysanthemums, the official flower of Chicago; white jasmine, a symbol of the state.
of Hawaii; and African blue lilies, an homage to the homeland of the president’s Kenyan father. The first lady appears at once open and guarded, wearing a dress designed by Michelle Smith, who pays tribute to Gee’s Bend quilters, a renowned group of Black women who’ve maintained the craft from their ancestors.

“Kehinde Wiley’s portrait of former President Barack Obama and Amy Sherald’s portrait of former first lady Michelle Obama are groundbreaking American portraits that speak to the sense of hope and possibility that the Obamas inspire,” says Tom Campbell, director and CEO of the Fine Arts Museums of San Francisco. “Both Wiley and Sherald are artists who work within the genre of Western portraiture painting while actively expanding and critiquing artistic conventions that have traditionally defined representations of power.”

June 18-Aug. 14, 50 Hagiwara Tea Garden Drive, 415.750.3600, deyoung.famsf.org

Let’s take it back to 1990 Plovdiv, Bulgaria, when the communist regime broke. Divya Alter (divyas.com) was 18 years old and had just found her way into an underground yoga ashram. “They served this incredible vegetarian food inspired by Indian flavors and the spices and everything, and I was blown away. And I’m like, ‘Yoga and vegetarian—this is what I’m looking for,’” she says. This moment sparked Alter’s passion for cooking, which followed her into her next chapter of life living in India. It was there that she...
learned about ayurveda and ayurvedic cooking. “Every time I would get sick, [I would go to] the local ayurvedic doctor,” she explains. “The doctor wouldn’t just give me the herbs. He would say, ‘Well, here’s the list of foods you have to avoid because you cannot digest them. They are good foods in general, but they are not the right foods for you now. Here’s the list of foods that you should focus on to heal faster.’” Thus, introducing the idea of food as medicine. Today, Alter has carved out a space in society as the go-to guru for approachable ayurvedic cooking methods so others can experience the same transformational and mindful effects of the diet and lifestyle. Not only has she published the cookbook What to Eat for How You Feel: The New Ayurvedic Kitchen, but she also runs New York City restaurant Divya’s Kitchen. Reaching an even larger audience, she’s also started to produce online master class-style cooking classes that debuted last month. “Ayurvedic cooking is nothing mystical,” Alter concludes. “The goal of ayurvedic cooking is just to align your body and mind with the cycles of nature.”

DIVYA ALTER’S THREE STEPS TO APPROACHING AYURVEDA

Practice Self-Awareness
“Just stop for a moment. Pause and see: Where am I at right now? How am I feeling? Am I tired? Do I feel cold or hot? Do I feel high-strung or do I feel really heavy and sluggish? So just connecting with how you feel will help you connect with your needs.”

Find Balance
“Even if you don’t know anything about ayurveda, we do this even unconsciously with the weather. It’s cold outside, we put on warm clothes. We feel dehydrated, we drink water—but you can take this further with food. So if you feel very heated, like really hot, don’t eat fiery foods. Don’t eat foods that are hot and spicy because they will only increase your heat.”

Start Cooking Seasonally
“You go to the farmers market and see what’s in season. That’s one piece of it for sure. Seasonal also means the qualities of the season. So in the cold season, we need warm foods, moist foods, heavier foods, warming spices like ginger and cinnamon, for example. In the warm season, we tend to dehydrate, so we need those sweet, juicy fruits that are all in season; we need lighter foods.”

SUNCHOKE AND ASPARAGUS SALAD
(page 77, What to Eat for How You Feel, Rizzoli, 2017)

Prep: 5 minutes; Cook: 15 minutes

The sunchoke, also known as Jerusalem artichoke, has an astringent-sweet taste with a delicate, almost artichoke-like flavor, which I find very pleasant and refreshing. Although you can eat sunchookes raw, I highly recommend lightly cooking them to reduce their exuberant astringent qualities. Peeling these tubers is preferred, but more time-consuming (and patience-testing); scrub them well with a vegetable brush when you’re cooking them in a hurry.

INGREDIENTS
• 2 cups scrubbed and chopped
(1 ½-inch pieces) sunchookes
(about 12 ounces)
• 1 bunch asparagus, fibrous stalk
ends trimmed and spear cut into
2-inch pieces (about 2 cups)

DRESSING
• 1 tsp. black sesame oil or olive oil
• 1 Tbsp. fresh lime juice
• 1 Tbsp. ginger juice (see note)
• 1 tsp. fresh thyme leaves or
¼ tsp. dried thyme
• ½ tsp. salt
• ½ tsp. finely minced fresh
rosemary leaves
• ¼ tsp. freshly ground black pepper
• ¼ tsp. ground nutmeg

FOR AIRY DIGESTION
Increase the oil to 1 Tbsp. and omit the nutmeg; substitute parsnips for the sunchookes.

FOR FIERY DIGESTION
Omit the ginger juice and increase the oil to 1 Tbsp.

1. Steam the sunchookes in a steamer basket set over a pan of simmering water for about 10 minutes, until they are crisp-tender; remove from the steamer to a serving dish and set aside. Steam the asparagus for about 5 minutes, until tender, and plunge it in cold water to refresh it; drain well. Add to the dish with the sunchookes.

2. Whisk all the dressing ingredients in a small bowl, pour over the vegetables, and let them marinate for 5 to 10 minutes. Serve at room temperature.

NOTE: To make ginger juice: Grate a 2-inch piece of ginger and squeeze the juice from it in your hand.

THE HEALING BENEFITS OF SUNCHOOKES
Unlike most root vegetables, sunchookes do not have starchy carbohydrates.

• Good source of inulin (a natural fructose that is medicinal for diabetics)
• Nourish the lungs
• Support the liver
• Treat constipation
• Aphrodisiac
• Good source of iron, potassium and phosphorus

Keep an eye out for Divya Alter’s new cookbook, Joy of Balance: An Ayurvedic Guide to Cooking with Healing Ingredients, set to debut this fall.
The Feast

WE ASKED LOCAL CHEFS AND WINEMAKERS TO CONJURE THEIR FAVORITE HEALTHFUL DISHES FOR WARM-WEATHER WINE PAIRINGS.

BY IAN DEVEREUX WHITE

Spring has arrived and so have the crisp, fresh wines and foods that come with the season. To get into the spirit, we found some deliciously healthful spring dishes and wines to pair from the region’s top chefs and wineries. CONTINUED...
You are invited to join us at the Chardonnay Classic in Napa, California. The 2nd Annual Chardonnay Classic brings together the world’s finest vintners with over 30 wineries featuring hundreds of incredible wines, gourmet lunches, and chef-curated dinners - all in one incredible weekend event at The Meritage Resort & Spa and Vista Collina Resort.

**SCHEDULE HIGHLIGHTS**

**FRIDAY, MAY 20**
- Kosta Browne Themed Lunch
  Chardonnay Focus with Pinot Noir
- SommFoundation Panel Led Tasting
  Around the World with Chardonnay
- Producer Themed Dinners
  Chardonnay Focus with Reds
- Anything but Chardonnay Bar
- SommFoundation Behind the Bottle

**SATURDAY, MAY 21**
- Mimosa Bar on the Lawn
  Featuring Jansz Sparkling Wines
- Sip and Paint with Bubbles
- Private Winemaker Lunches
- SommFoundation Panel Led Tasting
  Chardonnay Retrospective
- Grand Tasting on Lawn
- Producer Themed Dinners
  Chardonnay Focus with Reds
- Anything but Chardonnay Bar
  Featuring Catena Zapata

**SUNDAY, MAY 22**
- Brunch
- SommFoundation Panel Led Tasting
  The Classic Chardonnays of the New World and Burgundy, Featuring Guest Winemakers and Owners

Scan QR code to learn more and purchase tickets
WINE 2021 M Rosé, Pinot Noir, mvinorose.com
CHEF AND RESTAURANT
Stephen Barber, Farmstead
Napa Valley, St. Helena,
longmeadowranch.com
PAIRING Beets
“The 2021 M Rosé is a handcrafted rosé that relays a silky textural quality while maintaining beautiful floral aromatics and bright, crisp freshness,” says M Rosé vintner Meghan Vergara. “This pairs perfectly with Farmstead Napa Valley’s caramelized beets, Skyhill goat cheese crema, greens and chimichurri appetizer. The balanced flavor profile of the wine interacts nicely with the creaminess of the herbed goat cheese, the red berry and citrus notes on the palate complement the richly flavored caramelized beets, and the minerality on the rosé’s finish with the greens.

WINE Arnot-Roberts Sauvignon Blanc, Randle Hill Vineyard 2020, arnotroberts.com
CHEF AND RESTAURANT
Jammir Gray, Compline
Restaurant and Wine Shop, Napa,
complinewine.com
PAIRING Seared Wild Salmon
“This sauvignon blanc comes from Randle Hill Vineyard,” says Matt Stamp, Compline’s co-owner. “The grapes have a vibrant personality with fine tannins and bright acidity. This pairs beautifully with the seared wild salmon with asparagus, spring onion chimichurri and celery-root puree. The brightness and acidity of this fresh white dances with the fresh, oily fish and the earthy notes of the celery root puree.”

WINE Lang & Reed Cabernet Franc, California 2019, langandreed.com
CHEF AND RESTAURANT
Cindy Pawlcyn, Mustards Grill,
Napa, mustardsgrill.com
PAIRING Seafood Tostada
“This sauvignon blanc comes from Randle Hill Vineyard,” says Matt Stamp, Compline’s co-owner. “The grapes have a vibrant personality with fine tannins and bright acidity. This pairs beautifully with the seared wild salmon with asparagus, spring onion chimichurri and celery-root puree. The brightness and acidity of this fresh white dances with the fresh, oily fish and the earthy notes of the celery root puree.”

WINE Lang & Reed Cabernet Franc, California 2019, langandreed.com
CHEF AND RESTAURANT
Cindy Pawlcyn, Mustards Grill,
Napa, mustardsgrill.com
PAIRING Seafood Tostada
“This sauvignon blanc comes from Randle Hill Vineyard,” says Matt Stamp, Compline’s co-owner. “The grapes have a vibrant personality with fine tannins and bright acidity. This pairs beautifully with the seared wild salmon with asparagus, spring onion chimichurri and celery-root puree. The brightness and acidity of this fresh white dances with the fresh, oily fish and the earthy notes of the celery root puree.”

WINE Napa Valley Blanc De Noirs, Paula Kornell Sparkling Wine, paulakornell.com
CHEF AND RESTAURANT
Bettina Rouas, Angèle Restaurant + Bar, Napa, angeleresteraurant.com
PAIRING Roasted Striped Bass
“The Napa Valley blanc de noirs pair beautifully with a diverse array of foods, but especially so with the seasonal roasted sea bass from Angèle Restaurant & Bar,” says Rouas. “The bright acidity of the blanc de noirs makes it an ideal pairing for the oven-baked flavors and aromas of the sea bass on a bed of braised artichokes. The subtle sweetness of the freshly caught fish is enhanced by the light dosage of the bubbles, adding a lift to the citrus undertones of this dish.”

WINE Sonoma Coast Chardonnay 2020, Sojourn Cellars, sojourncellars.com
CHEF AND RESTAURANT
Casey Thompson, Folktale, Sonoma,
folktable.com
PAIRING Farm Harvest Salad
“The bright acidity of this Sonoma Coast chardonnay complements the zing from the pickled apples, pomegranate and fennel of the farm harvest salad,” says Randy Bennett, Sojourn’s winemaker. “And the toasted pecan and sumac dressing is heightened by the wine’s round body. The savory ricotta salata dances with the succulent fruit notes in this chardonnay and keeps you coming back for sips between each bite.”

continued...
Discover Santa Barbara’s legendary hideaway and only Forbes Five Star resort, in the lush hillsides of Montecito overlooking the Pacific Ocean. Enjoy ultimate privacy and A-list discretion with 38 vine-covered cottages surrounded by incredibly landscaped gardens across 550 acres, each with a private gated entry, complimentary cottage-side parking equipped with EV charging stations, oversized sunken spas, outdoor rainfall showers, and four-poster canopy beds with luxurious Italian linens. Savor contemporary American cuisine in the Michelin-touted Stonehouse Restaurant, set in the 19th century citrus packing house on the historic Ranch grounds.

Executive Chef Matt Johnson curates each dish with imaginative flare for local ingredients and worldly-inspiration, harvesting from the on-site organic garden for plant-based fare, as well as serving classics like flambeed Steak Diane and baked Alaska. Complement each complimentary dining experience with sommelier-guided wine selections from the only Grand Award-winning cellar on California’s Central Coast, and handcrafted smoked cocktails under twinkle lights and lantern-lit loquat trees.

San Ysidro Ranch... nothing compares.

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From top: Seared wild salmon accompanied by Arnot-Roberts sauvignon blanc from Randle Hill Vineyard, served at Compline Restaurant and Wine Shop; pork belly ramen pairs well with Spanish Springs Vineyard’s syrah (2020) from Dunites Wine Co., found at The Spoon Trade.
Automakers are fast realizing that for many people, their vehicles are more than just a means to get from point A to point B. Instead, many regard their automobile as their sanctuary, a place of refuge from the chaos of the world—and sometimes the one place where you can just be by yourself during the day. Realizing this, automakers have applied a new emphasis on your physical and mental well-being, whether you’re a driver or passenger. From massaging seats to advanced climate-control systems that can neutralize viruses, there are a host of exciting new features that will elevate your wellness from the moment you step into your vehicle. Here are a few to keep your eye out for.

**Mercedes-Benz GLS Air-Balance Package**

Total wellness extends to your olfactory senses too. Mercedes-Benz’s (mercedes-benz.com) new flagship seven-passenger SUV, the GLS, features the optional Air-Balance Package, which promotes well-being through a fragrance generator that emits a Forest Mood scent throughout the cabin. There’s also an ionizer in the side air duct and an extra filtration system for improved interior air quality.

**Genesis G90 Mood Curator**

The new Genesis G90 (genesis.com) features a system called the Mood Curator, which enables integrated control of features like the ambient lighting, sound system, fragrance system, massaging seats and electric curtains to lift the occupants’ moods. The car offers four different mood modes, including Delight, Vitality Care and Comfort, each of which can be customized for a high level of personalization.

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**The Road To Wellness**

**AUTOMAKERS ARE WAKING UP TO THE WELLNESS TREND, ADDING MORE AND MORE FEATURES TO PRIORITIZE YOUR PHYSICAL AND EMOTIONAL WELL-BEING. BY NATE CHAPNICK**
Range Rover Filtration System
The totally redesigned 2022 Range Rover (landroverusa.com) puts a considerable emphasis on your physical well-being with the debut of a pioneering new Cabin Air Purification Pro3 system. Using advanced PM2.5 filtration and nanoe X technology for pathogen removal and allergen reduction, the advanced air-treatment system can even reduce viruses and bacteria including the SARS-CoV-2 virus.

Volvo XC90 City Safety
Sometimes the unpredictable can happen, and even the best drivers can be caught off guard. Volvo’s XC90 (volvocars.com) lowers your stress levels while driving thanks to its City Safety system with pedestrian and cyclist detection. The system acts as a second set of eyes for the driver, alerting you if it detects a potential collision or even applying the brakes in certain situations, ensuring your safety and the well-being of those around you.

Jeep Grand Cherokee L Interior Rear Monitoring Camera
One’s wellness is often interconnected with those we love and care for. The new Jeep Grand Cherokee L (jeep.com) brings you peace of mind by allowing you to keep tabs on rear passengers with an available rear-seat monitoring camera. The system projects a high-definition image on the front display so you can always keep tabs on the little ones you love.

Lincoln Aviator Massaging Seats
Lincoln’s (lincoln.com) midsize luxury crossover takes seating comfort to a totally new level with its perfect position massaging seats. With 30 total positions and five different massages, your physical wellness was top of mind for Lincoln when it designed the Aviator’s innovative stress-relieving seats.
The new RH Gallery has arrived, and the brand and its CEO, Gary Friedman, recently celebrated in a monumental way. The upscale home goods brand features chic, timeless furniture, textiles and lighting, and the new Gallery—now occupying the renovated Bethlehem Steel Building—is a feast for a home designer’s eyes. The classical revival landmark, with glowing windows and an unmatched atmosphere, welcomed notables like Ellen DeGeneres, Portia de Rossi, Jessica Alba and Steve Kerr.

(1) Steve Kerr and Zaza Pachulia (2) Ellen DeGeneres and Portia de Rossi (3) Christina Gutierrez, and Andre Iguodala (4) Sara Foster, Gary Friedman, and Erin Foster (5) Bella Hunter (6) Bella Hunter and Danielle Snyder Shorenstein (7) Guests enjoyed fabulous sips all night.
World Premiere with
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Lisa Fischer
Composed by
Grammy Award-nominated jazz pianist
Jason Moran

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Don’t wait—tickets will sell out.
SF BALLET HOSTS ITS OPENING NIGHT GALA

The stars came out to play—and dance—for one of spring’s most elegant and evocative evenings of the year. The San Francisco Ballet, which recently named Tamara Rojo as its artistic director (she also graced the March cover of this magazine), saluted longtime artistic director and principal choreographer Helgi Tomasson, who will step down after his storied career of leadership at the SF Ballet. The fabulous evening included a sparkling wine reception in the War Memorial Opera House lobby, followed by the gala performance; proceeds support SF Ballet artistic and education programs. Guests, including notables such as House Speaker Nancy Pelosi, Dede Wilsey and Yurie Pascarella, enjoyed an unforgettable evening of cultural revelry.

(1) Bob Hill, Dede Wilsey and Nancy and Paul Pelosi
(2) Jennifer Walske and Rebecca Lynn
(3) Roberto and Kevin Ruiz
(4) Kimberly Marie Olivier and Joshua Jack Price
(5) Sally Yu and Jeff Shen
(6) Ballet patrons gather for the evening’s big event.
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FOG DESIGN + ART PREVIEW GALA

Oh, how we missed FOG! One of the city’s most exceptional art experiences returned with a preview and gala that brought together guests like Vanessa Getty, Randi Fisher, Ken Fulk and Sabrina Buell at the Festival Pavilion, Fort Mason Center for Arts & Culture. Guests enjoyed mingling, talking art and, of course, early access to the fair’s prominent selection of 20th century and contemporary design dealers and leading art galleries—plus entertainment, culinary delights and cocktails by design.

(1) Ken Fulk and Vanessa Getty
(2) Komal Shah
(3) Mauro Zanetti, Maria Manetti Shrem and Eva Zanetti
(4) Sonia Yu
(5) Stefanie Roumelot
(6) Guests enjoyed getting a sneak peek at FOG art.
(7) Sabrina Buell

PHOTOS BY DREW ALTIZER PHOTOGRAPHY
The American Red Cross hosted a red-tie evening at San Francisco City Hall to raise vital funds to support the organization’s mission to prevent and alleviate human suffering in the face of emergencies. More than 200 patrons attended the festive fundraiser that was co-chaired by Gwyneth Borden and Kirsten Strobel. The evening featured a cocktail reception with stunning displays by The Caviar Company, passed Champagne, a three-course dinner by chefs Ethan Mantle and Matt Hegel, an enticing live auction and live entertainment by The 415s.
Dress for Success San Francisco’s Casino Royale Gala

Dress for Success San Francisco celebrated a milestone 16 years of serving a community of thousands of Bay Area women and changing countless lives during its Casino Royale Gala at the Palace Hotel. More than 500 guests attended the sold-out fundraiser to recognize clients, partners and this year’s Success honorees Andrew Freeman, Dion Lim and Stefanie Roumeliotes for their outstanding contributions to local women in need. The special event, including dinner, silent auction and gaming, raised more than $500,000 to support Dress for Success clients with workforce development and employment retention programming.
With a surgical center in Marin County and an office in San Francisco near Union Square, Dr. Miguel Delgado, Jr., MD is one of the Bay Area’s most in-demand plastic surgeons. With certification by the American Board of Plastic Surgery and membership in the American Society of Plastic Surgery, Dr. Delgado’s Marin Cosmetic Surgery Center provides private, concierge care in a state-of-the-art surgical facility on the Novato Community Hospital campus.

Dr. Delgado offers a full range of services for the face, breasts and body. He and his staff customize treatment plans to match each individual patients’ needs, including a wide range of facelifts and neck rejuvenation treatments, breast augmentation, reduction and mastopexy, and state-of-the-art tummy tuck and body contouring surgeries.

A world-recognized specialist in the treatment of male breast enlargement, a condition known as gynecomastia, Dr. Delgado also performs male breast reduction surgery using groundbreaking techniques that he’s developed. Patients also travel far and wide for his customized mommy makeover treatment plans. His innovative approach has garnered attention of major media outlets, including the BBC, Discovery Australia and Fox News.

Giving back is central to Dr. Delgado’s medical practice and philosophy. As a volunteer for Faith in Practice, he’s traveled to Central America to perform life-changing operations on patients disfigured by burns, birth defects and cleft palates.

A proud husband and father of two, he and his family reside in Kentfield where he’s become an accomplished gourmet cook, as well as a connoisseur of fine wines, growing his own chardonnay and pinot noir grapes. His Delgado Family Vineyards wines have been showcased at numerous charity events supporting medical mission work.
The Year of the Tiger began with a roar—and a lovely one at that—during the San Francisco Symphony’s Lunar New Year Celebration at Davies Symphony Hall. This year’s celebration marks the 22nd anniversary of the symphony’s signature event, which bridges East and West traditions with the universal language of music. Conductor Yue Bao made her debut leading the orchestra in traditional folk music and works by Asian composers, featuring music from Chen Gang and He Zhanhao’s *The Butterfly Lovers Concerto* performed by violinist Bomsori, and Tan Dun’s “Eternal Vow” from *Crouching Tiger, Hidden Dragon* performed by SF Symphony assistant principal cello Amos Yang.
ONE Amazing Community

10,000 Degrees Annual Gala
A Hybrid Event Benefiting 10,000 Degrees Students & Programs in All 7 Counties We Serve
SATURDAY, MAY 7, 2022
OneAmazingCommunity.org

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SPECTRUM GALA AND ART AUCTION

Access Institute’s Spectrum Gala and its signature art auction welcomed hundreds of community members, civic leaders, artists, art collectors and mental health professionals to an exciting evening supporting Access Institute—San Francisco’s mental-health safety net that provides more than 13,000 hours of free and affordable mental health services. The festive evening at Pier 27, which included notables like Karan Singh and Bart Magee, continues a tradition of showcasing the Bay Area’s collective big heart for those in need.

(1) Bart Magee (2) Eric Rottenberg, Irene Hernandez-Feiks and Phillip Hua (3) Connie Cormier, Kristina Omari and Kimmie Taber (4) Christina Isetta, Tina Conner and Stephanie Young (5) Karan Singh (6) Sonali Sheel, Joe Wadcan (7) Mark Evan and Richard Sloan
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The event begins with a silent auction and features an interactive signature floral design demonstration by floral designer, John James of John James Designs. The luncheon benefits San Francisco children served by The Salvation Army’s after school and back to school programs in neighborhoods across the City, including the Tenderloin, Chinatown, South of Market and the Avenues.

INDIVIDUAL TICKET: $200
SPONSORSHIPS BEGIN AT $2,500 - $25,000

For almost 20 years The Salvation Army has annually sent more than 1,000 San Francisco school children from low-income families back to the classroom not only with brand new backpacks and supplies, but also with higher self-esteem and confidence.

Please register early as this event is expected to sell out!

Contact Madison Barton for more information and sponsorship opportunities.
madison.barton@usw.salvationarmy.org

FLOWERPowersF.org

The Salvation Army San Francisco
832 Folsom Street
San Francisco, CA 94107
415-553-3546
SMUIN BALLET’S ANNUAL GALA

Smuin Contemporary Ballet celebrated its 28th season with its annual soiree hosted by gala chair John Konstin, along with Smuin’s board of trustees and the Friends of Smuin committee. Arts, community, philanthropic, and civic leaders of San Francisco mingled with Smuin artists at this fabulous fete honoring nearly three decades of the company at the forefront of contemporary ballet. The elegant evening included a cocktail reception, gourmet dinner, performances by Smuin’s dancers (led by Celia Fushille, Smuin’s artistic director) and a thrilling live auction featuring one-of-a-kind gifts and experiences.
Experience luxury accommodations, award-winning dining, our world-class Spa & Salon, resort-style pool, and the best gaming and entertainment. Visit California’s premier destination for 24/7 flavor.
Small businesses are essential to the success of any community, especially here in San Francisco. Over the next six pages, we spotlight seven great companies and hear keen leadership insights from the San Francisco Chamber of Commerce and Bank of America.

The businesses featured here represent a small sample of the rich diversity of the city’s small construction companies, restaurants, salons, retailers and more. As we emerge from the pandemic and celebrate San Francisco Small Business Week, May 2 to 6, it’s a reminder that the individuals behind these dynamic companies should be praised for their diligence, entrepreneurial spirit and adherence to the dream of success for every generation. The entrepreneurial spirit is alive and well here in San Francisco.

We thank Bank of America and the San Francisco Chamber of Commerce for supporting small businesses every day of the year. –THE EDITORS
Only nine years after the devastating 1906 earthquake and fire, San Francisco hosted one of the most successful and opulent World’s Fairs, the 1915 Panama-Pacific International Exposition.

The San Francisco Chamber of Commerce meticulously planned the exposition, working to showcase the city’s best attributes to the entire world. The event successfully delivered the message: Not only had San Francisco survived this historic disaster, but it also had triumphantly risen from the ashes.

While the spectacle of the Panama-Pacific International Exposition showcased innovative architecture and design, today we see the iconic Salesforce Tower rise above our skyline. It celebrated the engineering feats of the Panama Canal, and we engineer against sea-level rise. Some newfangled and astounding automobiles were showcased, and, today, cars self-pilot around San Francisco. Innovations in agriculture and horticulture were the talk of the exhibition, and now cannabis is a newly legalized California crop, helping bring economic equity along with it. Perhaps the most popular exhibit was the Fountain of Energy—and today San Francisco and our region are global champions of solar and hydrogen power innovations.

That wasn’t all. The exposition emphasized the importance of elevating women and challenged traditional gender roles, highlighted the importance of Native American and Indigenous people, and it featured culinary delights from around the world—all attributes that remain constant in modern-day San Francisco.

The pandemic has been a challenge for all. There’s no doubt that we’ve lost a lot, but I’m confident that San Francisco will rise. I’m not a scientist, but I’m convinced that a hefty dose of perseverance is found in the DNA of people who choose to live and work in San Francisco. And each time we pick ourselves up and dust ourselves off, we remain resolutely unsatisfied with what we had before. And we use the challenge and opportunity to rise to new heights.

While we salute those long-ago Chamber leaders who helped plan the 1915 exposition, we hope you’ll join the Chamber’s business and civic leaders of today as we reimagine our city’s vast opportunities and engineer a path toward our limitless future.

“I’M NOT A SCIENTIST, BUT I’M CONVINCED A HEFTY DOSE OF PERSEVERANCE IS FOUND IN THE DNA OF PEOPLE WHO CHOOSE TO LIVE AND WORK IN SAN FRANCISCO.”

—RODNEY FONG
PRESIDENT & CEO, SAN FRANCISCO CHAMBER OF COMMERCE
SFCHAMBER.COM
Over the past two years, we’ve seen the resilience of small-business owners on full display as they’ve navigated the many challenges created by the pandemic. Despite facing personal and financial sacrifices, entrepreneurs in San Francisco have persevered through flexibility, innovation and community support, and they are continuing to pursue their dreams—in fact, small businesses are being created at record levels nationwide.

This growth is encouraging, as we all recognize small businesses are integral to the neighborhoods we call home. Whether it’s the coffee shop you frequent in the mornings or the florist you visit on special occasions, small businesses are the lifeblood of our neighborhoods. And while we know how important these businesses are to us, research shows the appreciation goes both ways. According to Bank of America’s 2021 Small Business Owner Report, 32% of business owners said the support they felt from the community helped them navigate the pandemic in 2021.

Here in San Francisco, Bank of America is committed to ensuring our local small-business owners have the financial support they need to achieve their goals. As our communities continue to navigate a changing landscape, our partnerships with nonprofits are important to help meet critical local needs like supporting BIPOC (Black, Indigenous and People of Color) entrepreneurs and creating jobs. That’s why Pacific Community Ventures (PCV) and Prospera each recently received a multiyear, $200,000 grant along with leadership training through Bank of America’s Neighborhood Builders program. The nonprofits were recognized for their efforts to invest in small businesses across the San Francisco Bay Area.

Looking ahead to the rest of 2022 and beyond, resiliency will continue to be crucial for the success of small businesses in the face of new and ongoing challenges. Additionally, we know women and minority entrepreneurs still struggle to find the capital needed to start and grow a business. Bank of America has committed $270 million to about 95 investment funds for minority and women entrepreneurs to help supply growth capital and invest in programs to create future entrepreneurs. We also launched the Access to Capital Directory with Seneca Women to help these business owners understand the capital landscape and sort potential funding options.

The past two years have been a testament to the perseverance of small-business owners in San Francisco and beyond, and we will remain steadfast in offering support and resources to help them remain the backbone of our communities for years to come.

—GIOIA MCCARTHY
SAN FRANCISCO-NORTH BAY MARKET EXECUTIVE, BANK OF AMERICA
BANKOFAMERICA.COM
Japantown is home to Paper Tree, an origami and paper crafts store founded by the Mihara family and currently run by Linda Mihara. The shop has been in Japantown for 54 years, following in the footsteps of Mihara’s grandparents, who owned a publishing business called Oriental Culture Book Company.

That company published one of the first English origami books, so the family knew they needed to carry on the love of this traditional art. “I’d like to think the Mihara family helped to introduce origami to the masses,” says Mihara. She continues the tradition by providing the largest selection of origami paper found in the region. “As the origami store, we feel we are carrying on an important and necessary cultural art that has existed for more than 1,000 years,” says Mihara.

Paper Tree sells origami paper, books, decorative paper, handcrafted cards, gifts and Japanese art supplies. “We want Paper Tree to be a destination stop while visiting incredible Japantown,” says Mihara. She offers classes in origami, teaching shapes like Flapping Butterfly and Jumping Frog. Paper Tree participates in origami events year-round, and Mihara’s art is on view in her gallery, Origamihara. 1743 Buchanan Mall, 415.921.7100, paper-tree.com

Actress Malinda Williams is powered by good habits, and so is her brand, She’s Got A Habit. Patrons will find everything from bags to accessories—from women-owned brands that put quality over quantity. “I originally launched She’s Got A Habit as a stand-alone e-commerce website, selling products and goods sourced from my global travels,” Williams says. “I quickly began to see a lot of sales and traffic, so I decided to expand that single e-commerce store into a multiseller platform.”

Williams left home in the 1990s to continue her acting career and landed leading roles in movies like The Wood and A Thin Line Between Love and Hate, and collected two nominations for NAACP Image Awards while doing it. With free time on set, Williams took an HTML coding class and, from there, She’s Got A Habit was born. Her goal is to provide “quality choices for the mind, body and soul” for every woman. “The She’s Got A Habit brand’s focus is wellness, whether that be physical, mental or economic,” Williams says. “Finding ways to contribute to the holistic wellness of my community is a part of my purpose and my ultimate goal.” shesgotahabit.net –CK
NANCY DO: ENDO INDUSTRIES

When Nancy Do founded Endo Industries, she changed the game for plant medicine. The woman- and queer-owned company shook up the cannabis industry by creating a top-notch product with meaningful partnerships. Endo provides supply-chain assistance through genetics, nursery and distribution for the best up-and-coming brands.

After witnessing a parent suffering from chronic pain, Do decided she needed to be involved in the cannabis industry. “As I got more involved, I saw and experienced the medicinal and wellness benefits of cannabis firsthand,” Do says. “Endo is here to not only provide safe and affordable access, but we are also here to contribute and support our surrounding communities. I understand too much about what this plant can do, and there’s nowhere I’d rather be dedicating my time than where I am now.”

Do’s brand is data-driven and focused on science. Endo’s nurseries fix problems in the industry through research and plant genetics and sharing that data so customers have “seed-to-sale” transparency. Do says her company empowers minority groups in this process and “building a transparent, reliable supply chain in cannabis that is grounded in science, data, wellness, impact and community.” endoindustries.com –CK

GAYLE PIRIE AND JOHN CLARK: FOREIGN CINEMA

One of the most magical dinner experiences in San Francisco is found at Foreign Cinema. The Mission District institution was taken over in 2001 by owners and chefs Gayle Pirie and John Clark. “The inspiration behind Foreign Cinema was at first the culling together of multiple spaces into one grand and unlikely spot,” Pirie says. “We want and need the restaurant to feel like home, a sanctuary—a place to forget about immediate troubles and escape into a seductive world of nourishment.”

Pirie and Clark met while working at Vicolo Pizza and were hired at Zuni Cafe before developing their own restaurant consulting practice to develop concepts in the United States, Asia and Canada. They’ve published three cookbooks: Country Egg, City Egg; Bride and Groom; and Foreign Cinema’s Cookbook. Stop by for an oyster night, or order one of the main features, such as the exotic spiced duck breast, while watching a movie after dusk. 2534 Mission St., 415.648.7600, foreigncinema.com –CK
JONATHAN OJINAGA: AZÚCAR LOUNGE

Azúcar Lounge is more than a restaurant. It’s an immersion into Mexican culture that helps visitors forget where they are. The spot is run and managed by founder Jonathan Ojinaga and his husband, Jose Gutierrez. Almost everything is made in-house, and the team strives to offer a sampling of Mexican flavor and culture. Favorites are the burritos, nontraditional meals like the Azúcar tots and any drink with mezcal.

Ojinaga was inspired to create Azúcar Lounge by his grandfather and his childhood. “When I finished high school, I left the small town of Bayard, New Mexico, for college with aspirations to build a life in the business world,” Ojinaga says. “Memories and stories my grandfather shared of his experiences owning a small neighborhood bar came to the surface and sparked the fire for Azúcar Lounge.” As a gay and Latino business owner, Ojinaga makes a point to be immersed in the community and fosters relationships with local organizations, including the San Francisco AIDS Foundation and the Positive Resource Center.

299 9th St., 415.255.2982, azucarsf.com –CK

OSCAR ZAVALETA: MONTEZ GROUP

The Montez Group for Engineering and Construction Management was built from the ground up. Founded by Oscar Zavaleta, it originally focused on quality assurance and control, and has since become a full construction management firm. Specializing in large infrastructure and transportation projects, the group works on projects like the San Francisco International Airport.

Zavaleta emigrated from El Salvador to Los Angeles and was inspired by immigrants in his life to become a business owner. “My dad was an entrepreneur, and although he passed away when I was a college freshman, I always had an independent streak,” Zavaleta says. “When I combined this independent streak with a lack of representation in our industry, I got the motivation to start my own firm.”

Zavaleta champions small businesses through organizations like the Oakland Latino Chamber of Commerce. “Our firm is one of very few Latino-owned firms in the project management and construction management sector that works on massive infrastructure projects,” Zavaleta says. The generosity extends inward too. “I have one mission when I hire someone,” he says. “Help them grow professionally and share with them the community initiatives we work on and encourage them to help others.” montezgroup.com –CK

NYKOL’E TAYLOR: SUMMERSANDFALL

SummersANDFall gives a new meaning to holistic beauty. Founder Nykol’e Taylor created the business in 2010 in Washington, D.C., as a student at Howard University. “I fell in love with Washington’s summers and fall,” Taylor says. “Growing up in San Francisco’s Sunset District, you really don’t get a chance to experience seasons.” She was determined to make sustainable and ethical beauty—inside and out—accessible for all. The team covers all of its bases and more: vegan and cruelty-free products, local and artisanal ingredients and more.

SummersANDFall helps better the community with strong partnerships like the one with Matter of Trust (matteroftrust.org) and a recycling program called Rebloom. Her team also participates in their Volunteer For Change program.

Now a full-service salon in San Francisco, SummersANDFall provides the community with beauty services and products, including body butters, sage and moisturizers. Much of its work is meant to empower, strengthen and unite women. “SummersANDFall brings love to our community,” Taylor says. “You fall in love with the authenticity, the diversity, the people and the creativity.” 1014 Larkin St., 415.525.7135, summersandfall.com –CK
Gallery Sausalito represents a contemporary collection of original, fine art works. Our artists work in a variety of mediums including; oil, acrylic, bronze, assemblage and ceramic.

Our customer service is personalized to meet your needs. Many of our artists accept commissions and we love to work with interior designers.

Gallery owner and artist, Sue Averell invites you visit the gallery in Northern California. If you can’t, we offer several ways to see our art and get to know the artists! Shop online or contact us to set up your personal, virtual, gallery tour.

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www.sueaverell.com

Sue Averell’s gallery Sausalito & working art studio

Photography: Christophe Testi | creativesthot.com
AN OUTSIDE LOOK
Hot on the heels of her interior range of paints launched last year, Kelly Wearstler is now taking it outside with an exterior collection of paints for Farrow & Ball (farrow-ball.com). The California Collection expands her West Coast-inspired range to the outdoors with perfect paints for front doors and balconies in weatherproof exterior eggshell and exterior masonry finishes.

“The California Collection inherently lends itself to exterior environments with its versatility and sun-soaked palette,” says Wearstler. “When working with natural materials outdoors, I like to incorporate earthy and rustic tones, such as Sand or Salt,” she says. “Darker colors are a nice way to make a dramatic but elevated imprint on the exterior of a house. Completely outfitting a home in Tar can really take the property to impactful new levels,” by PHEBE WAHL.
Weaving It All Together

Whether in wicker, rattan or cane, the natural textures of woven designs add an earthy element to any interior. Here, some magical moments to weave into your home. By Phebe Wahl.

Maison Maison Design rattan lampshade, maisonmaisondesign.com

Kathy Kuo Home Palecek Green Oaks Coastal Beach woven rattan frame ceiling pendant, kathykuohome.com

Mainly Baskets Home braided column urn, mainlybaskets.com

Nest rattan grapefruit reed diffuser, nestnewyork.com

Annie Selke Nest lounge chair, annieselke.com

Gubi Bohemian 72 Collection sofa by Gabriella Crespi, gubi.com
Anyon Atelier Fong Brothers molded chair, anyondesign.com

Jonathan Adler Riviera cocktail table, jonathanadler.com

Brooke & Lou woven stool, brookeandlou.com

Craftmade Lighting Malaya six-light pendant, craftmadefansolutions.com

Bloomist Zonga basket, bloomist.com

AERIN Colette cane frame, aerin.com

PRODUCT PHOTOS COURTESY OF BRANDS; BACKGROUND PHOTO BY ALEXANDER SCHIMMECK/UNSPLASH
New Light

THE TEAM FROM KLOPF ARCHITECTURE REFURBISHES A SAN FRANCISCO SPEC HOME BY REVERSING THE FLOOR PLAN.

BY MICHAEL MCCARTHY // PHOTOGRAPHED BY MARIKO REED
After living in their San Francisco spec property for a few years, a couple decided the space could be their forever home. But it required serious modifications. They saw beyond dated materials and finishes and tapped Klopf Architecture (klopfarchitecture.com) to envision a new look to every room. First, the design team needed to completely rethink how the home—characterized by small, dark spaces—could incorporate flow and light.

Klopf Architecture created a seamless indoor-outdoor space.

The solution: a reverse floor plan. In the new design, bedrooms now faced the city and the bay, and, in the back of the home, a large great room with an open wall seamlessly merged into a lovely and functional outdoor space. Raised ceilings, massive windows, integrated ceiling lights, glass sliding doors, lush landscaping, and inviting decor now grace this indoor-outdoor haven—proof that great design conquers any home worth saving.
Show Time

IN HIS NEW BOOK, LOCAL LUMINARY DESIGNER KEN FULK TAKES READERS ON A JOURNEY THROUGH HIS MAGICAL MIND.

BY LAUREN BROCATO.
For most, fantasies exist solely within the confines of the imagination. But not for Ken Fulk. The designer, tastemaker and bona fide world-builder possesses the rare ability to bring the grand, even cinematic, visions that run endlessly through his mind to fruition. The result? Decadent spaces, high-concept experiences and unforgettable soirees.

For more than 30 years, the San Francisco designer has crafted some of the most iconic spots across the globe, leaving his signature on everything he touches. Fulk also has racked up two James Beard Award nominations for his hospitality projects and been named to Architectural Digest’s AD100 and Elle Decor’s A-List. Now, in his debut book, *Ken Fulk: The Movie in My Mind* (Assouline, assouline.com), Fulk offers a behind-the-scenes peek into his highest-profile projects in a tome equivalent to a maximalist’s dream.

Through insights penned by Fulk, a foreword by reporter and
New Yorker contributor Ronan Farrow and principal photography by Douglas Friedman, the designer invites readers to step into his magical mind.

“I hope readers might get to experience the journey of bringing a project to life from a seedling of an idea,” Fulk says. “There’s quite a bit of research we put into every concept that we create. It’s never simply about the look, but the story and how the experience unfolds. Whether it’s for a client’s new home or the patrons at a new restaurant, we begin with an emotion or sometimes a memory, and all our references and decisions lead back to that notion, which I call the Movie.”

Each page offers a new glimpse into Fulk’s extravagant endeavors, from the decadent design of Carbone Miami and the magnificent Casa Grande in Mexico to splashy residential...
projects that scream Fulkian design inside and out. “We even included a chapter in the book called ‘Period Drama,’ which includes The ‘Quin House, which was formerly Boston’s Algonquin Club and designed in 1886 by McKim, Mead and White,” Fulk adds.

And if Hollywood called for a real movie about his life? Fulk sees Paul Newman as the star—in his fantasy world, of course. “But,” he says, “I’d settle for Jude Law.”
Well-Traveled Rooms

SERENA DUGAN UNVEILS A NEW WALLPAPER COLLECTION WITH THEMES INSPIRED BY THE SILK ROAD, MEXICO CITY AND FRENCH ART DECO.

BY MICHAEL MCCARTHY

Artist and designer Serena Dugan (serenadugan.com) never stops conjuring gorgeous looks for our homes. Case in point: Dugan recently launched a new collection of wallpaper, including vibrant prints and refreshed hero designs; the new looks join her core wallpaper and printed grasscloth collection with refreshed colorways and a new handwoven paper weave material.

Dugan, who is the co-founder of Sausalito-based Serena & Lily (serenaandlily.com), says she thinks of the new Khiva print as a modern-day Silk Road. “Khiva melds damask, Ottoman and Moorish motifs and modernizes them with a lighter hand and crisper palette,” she says. “Block printing each shape lends a watercolor effect that brings even more modernity to this exotic print.” The Nara print, which is architectural, light and airy, is inspired by Japanese wood-block prints with its central chrysanthemum motif (signifying life and rebirth). “Olga is my animated polka dot,” Dugan says about another print from the new collection. “Color placement and print variation are the key elements that bring Olga to life and make each colorway and each section take on a spirit of its own.” And the Tigre pattern was designed as a statement more than a mere stripe. “The irregularity of each line and mark creates movement and brings an otherwise predictable stripe into more vibrant and interesting territory,” says Dugan, making sure that our rooms look as well traveled and exotic as the passport stamps of our dreams.
Heirloom Architecture

WALKER WARNER ARCHITECTS DESIGNS ENDURING SPACES FOR INSPIRED LIVING.

BY MISTY MILIOTO
When Brooks Walker and Greg Warner started Walker Warner Architects (walkerwarner.com) in 1989, it was to design two spec homes in Hillsborough. While their early work was relatively modest, they have built a stellar reputation over the years and taken on larger, more complex designs. Together with two other principals, Mike McCabe and Kathy Scott, and a team of 70 talented staff members, the firm now has diverse clients and projects in the western United States and Hawaii, including many single-family homes, wineries and resorts.

According to McCabe, the architectural firm’s work always starts with the client’s goals and the project site. “Our goal is to create stunning, inspiring, highly crafted architecture that lives well for our clients and feels appropriate and timeless for the site where it’s located,” he says. “This approach holds true whether we’re working on a personal residence or a hospitality venue for a winery.”

In fact, the site always
drives the design for the firm’s projects. “With a wide range of project sites, both on the mainland and in Hawaii, as well as situated in locations that might be rural or urban, on the coast or in the mountains, there’s a lot to inspire us,” Scott says. “While each principal has a slightly different approach, our work consistently focuses on the connection of our buildings to the immediate and distant landscape as well as the importance of materiality, attention to detail and livability.”

For Walker Warner Architects, design is about using durable materials and creating work that stands the test of time. “For residential work, that means thinking about the client’s full life cycle,” Warner says. “A home has to be versatile enough to accommodate life changes without requiring a renovation every 10 years.”
A pavilion at Quintessa in St. Helena reveals Walker Warner Architects' knack for blending nature and great design.
A home has to be versatile enough to accommodate life changes without requiring a renovation every 10 years. — Architect Greg Warner
From mindfulness apps to diet hacks, the Bay area’s grounded gurus have a wealth of wellness knowledge to share.

By Michael McCarthy

Jerry Rice plays regularly at Sharon Heights Country Club (sharonheightscc.com), where he’s a member.
JERRY RICE
Former NFL star, entrepreneur, philanthropist
jerryricefootball.com

If there’s a busier former NFL player, we’d love to see him. Jerry Rice, 59, looks like he could still run deep-crossing routes and burn past countless cornerbacks. His secret? The Hall of Famer hasn’t bought into the notion that slowing down equals happiness. Not only is he honorary board chairman of the 49ers Foundation (49ers.com), but, two years ago, he co-founded the healthful energy drink G.O.A.T. Fuel (goatfuel.co) with his daughter Jaqui. The brand has grown steadily (find it in Target stores in Northern California, among other places) and has reeled in ambassadors like the Niners’ Trey Lance. “I still wake up very early, get my workout in and walk or run the dogs,” says Rice, who notes he drinks lots of water and two cans of G.O.A.T. Fuel each day to help with his oxygen levels and keep powered during workouts. Location helps too. “We have everything here—amazing weather, excellent food and great people,” he says. “It keeps me motivated, as there are so many people here inventing and creating new businesses. The energy is contagious. This is home.”

BREAKFAST:
Protein shake

WAKE-UP TIME:
Dogs get us up at 6:30am.

DIET:
It’s about moderation.

NEMESIS:
Failure

ESCAPE:
Golf

WEAKNESS:
Pecan pie

UNIFORM:
49ers!

HOTEL:
Must-have gym and restaurant/bar, Marriott Bonvoy properties

WORKOUT:
Right now, it’s my Peloton.

WELLNESS APP:
Don’t need one; it’s in my genes.

WORKOUT SHOES AND OUTFIT:
Nike

WORKOUT PLAYLIST
Hip-hop and R&B

WORKOUT BUDDY:
My wife

BEST ADVICE:
Always give 100 percent.

PHILANTHROPY:
Jerry Rice 127 Foundation (jerryricefootball.com), honorary chairman of the 49ers Foundation (49ers.com) and 8 to 80 Zones (foreveryoung.org) with Steve Young

MANTRA:
Today I will do what others won’t, so tomorrow I can do what others can’t.

DINNER:
Grilled halibut or salmon

SOULMATE:
My wife

BEDTIME:
9pm

ZODIAC:
Libra
Laura Oronzi says her fitness and yoga career started 10 years ago when her oldest son, then an infant, was crying in the backseat of her car. "It was raining and gray, and I was a very fried new mom," says Oronzi, who pulled into a shopping center and saw a sign advertising a new yoga studio with childcare. Her life changed. Not only did she take classes but also became a yoga teacher and certified fitness instructor. Oronzi now teaches power yoga and hot Pilates at Hot Yoga Republic (@hotyogarepublic) in San Rafael; she also films workouts for the Luna Mother Company (@lunamotherco) fitness app. "I wake up super early every morning and journal, read, meditate and plan my day," she says. "It was a practice I got away from during COVID, but I'm back in full swing, and it makes such a difference." The yoga pro also takes heart from those around her in the Bay Area. "This is coming from someone with a strong dose of vanity, but there's a greater focus on inner beauty in the Bay Area—and I'm all about that."
Laura Oronzi’s go-to workouts include power yoga, hot Pilates, weight-training circuit and quick and fast runs.
In the middle of the pandemic, Yotam Israeli had a revelation: Since many professional trainers had to figure out new careers, why not head to the great (and safe) outdoors to stay fit? Specifically, an outdoor gym as an alternative to a big-box gym. LuxFit SF, located in Hayes Valley and The Crossing at East Cut (eastcutcrossing.com), was born. "Everyone was happy to finally have a place to be able to work out safely," says Israeli, who has led multiple studios, including Fitness SF and Equinox. "I start every single day with a greens supplement, a joint-by-joint mobility routine, five minutes of writing in a gratitude journal, followed by meditation and 20 minutes of reading." Israeli says the best workout begins and ends with the flow of kettlebells. "Most of us lose the ability to move naturally and freely. Kettlebells have always allowed me to stay in shape while still allowing the creativity of flow to continue to thrive."
Clockwise from top left: Yotam Israeli says one of his desert-island essentials would be a jump rope; Israeli typically wears Nike Metcon and Frees 2.0; Israeli lives for kettlebell workouts; another desert-island essential for the fitness pro: an endless supply of books; for his go-to uniform, Israeli says it’s always white shoes.

WAKE-UP TIME:
5 am every single morning

DIET:
I have an 80/20 split of healthy, home-cooked food versus dining at restaurants.

NEMESIS:
A good time (did someone say a 4am DJ?)

ESCAPE:
A kettlebell and working out

WEAKNESS:
Egg custard lava buns

UNIFORM:
Off-White sneakers, Lululemon pants, LuxFit hoodie

HOTEL:
Four Seasons

WORKOUT:
A heavy trap bar deadlift followed by kettlebell flow and kettlebell conditioning

SUPPLEMENTS:
 Athletic Greens (athleticgreens.com) daily supplement

WELLNESS APP:
Headspace (headspace.com) for meditation

MENTOR:
My brother

WORKOUT SHOES:
Nike Metcon x Frees 2.0

WORKOUT OUTFIT:
Sneakers, shorts and shirtless for vitamin D

WORKOUT PLAYLIST:
Housewerk on Spotify

BEST ADVICE:
Your health depends on your mind and body.

PHILANTHROPY:
LuxFit has teamed with multiple organizations and held fundraisers for Huckleberry Youth (huckleberryyouth.org) and Stop Asian Hate (stopaapihate.org), and I’m a mentor for Big Brothers Big Sisters (bbbs.org).

MANTRA:
Train your mind, and the body will follow.

SOULMATE:
Amber Woolcock

BEDTIME:
10 pm

ON MY NIGHTSTAND:
The Premonition by Michael Lewis

3 DESERT ISLAND ESSENTIALS:
A utility tool, an endless supply of books and my jump rope

YESTERDAY:
Was another amazing day. I was able to work outside and help those in our community.
For Napa Valley fitness entrepreneur Casey Miller, a mind-and-body wellness routine definitely includes the classes her studio offers to clients (from spin to yoga), but there’s always something more tangible. “[It’s about] surrounding myself with great family and friends who genuinely want the best for me and an incredibly supportive fiance,” says Miller, who has a graduate degree in kinesiology and launched FitNV just before the pandemic. “I’m also lifting heavy weights and taking recovery more seriously than I used to in my 20s. Plus, I’m taking time to be alone outside whether it’s a walk, a hike or a run.”

CASEY MILLER
Owner, FitNV
fitnvonmain.com

Breakfast:
Avocado toast

Wake-up time:
5:15AM

Diet:
Listening to my body

Doppelganger:
Literally Blake Lively, but in my soul it’s Beyoncé.

Nemesis:
No time for that

Escape:
The beach

Weakness:
My niece and nephews

Uniform:
Lululemon (lululemon.com) and Nikes (nike.com)

Hotel:
Just needs a good tub

Workout:
Heavy lifting

Last meal:
Pho

Supplements:
Mushroom powders, turmeric and prenatal vitamins

Wellness app:
My Fitness Pal (myfitnesspal.com) and Nike Run Club

Workout shoes:
Nike Metcons

Workout outfit:
Lululemon pants, sports bra and Alo (aloyoga.com) crop top

Workout playlist:
2000s hip-hop and rap

Routine:
Epsom salt baths and bone broth daily

Best advice:
Life is short. Love fearlessly, forgive quickly, work hard for what you want and don’t look back.

Philanthropy:
Donating my hair to Wigs for Kids (wigsforkids.org) four times

Mantra:
Change is inevitable, progress is optional.

Streaming now:
Euphoria

Dinner:
Salmon, jasmine rice and broccoli

Soulmate:
Isaac Anjejo

Bedtime:
Before 10pm

On my nightstand:
Water and books

Theme song to your life:
‘Freedom’ by Beyoncé

Yesterday:
It’s gone—all we have is right now.

Zodiac:
Pisces sun and moon, Cancer rising
Casey Miller owns wine country’s FitNV.
Bottega Veneta dress, thewebster.us; Coelho’s own jewelry.
FASHION AND BEAUTY MAGNATE CAMILA COELHO EXPANDS HER BUSINESS VENTURES AND BEGINS A NEW CHAPTER.

BY TAYLOR STODDARD
PHOTOGRAPHED BY ALBERTO GONZALEZ
STYLED BY MANUELA GUTIERREZ
SHOT ON LOCATION AT THE W SOUTH BEACH
Camila Coelho muses, as she begins to reflect on the trajectory of her business ventures in the lustrous realms of fashion and beauty. A Zoom meeting in early February was the digital locale for my meeting with Coelho, Instagram’s style darling-turned-multihyphenate boss babe who’s continuing to earn her stripes in arduous, and often quite unforgiving, industries.

We met virtually not because of any pandemic restriction—it was simply the best way to catch her in between a 36-hour jaunt to New York Fashion Week and before boarding a flight to her native Brazil, where she was enlisted to model in a campaign for a local designer. Coelho logged on promptly, sporting a black crop top and matching blazer from her namesake collection (a bestseller, she later affirms), ensconced by billowing palm leaves in the backyard of her new Miami digs. Despite finding her in a sliver between trips, she looked perfectly relaxed and primped with a bronzy glow—the kind of effortless glam that the nearly 10 million followers she has spellbound online are enamored with.

Coelho has been commanding a digital audience for more than a decade, and if you’ve been following her ascent, you’ll know she started to make a name for herself long ago on YouTube. She amassed an avid following for her beauty tips and tricks—a trade she learned from working as a department store makeup artist for Dior, where she learned to appreciate the transformative power of makeup. After establishing herself as a superinfluencer with staying power, she launched her eponymous fashion line, the Camila Coelho Collection (CCC), in 2019. Cut to just a year later in the midst of the COVID-19 outbreak, and the designer followed through on evolving her ready-to-wear line and longtime dream of foraying into beauty—risks that have proven to be well worth it.

Coelho didn’t have a formal design background, but it was her sartorial sensibility and encouragement from peers that incentivized her to get started. “I remember in the first few meetings I was like, ‘Guys, how does the process work? Do we sketch first? Do we see fabrics first?’ she recalls. “And today, I totally get the process. I have an experienced design team who helps me, filled with women that inspire me every day.”

The Camila Coelho Collection has exclusivity with coveted e-tailer Revolve and drops newness every month. Raissa Gerona, Revolve’s chief brand officer, reported that the influencer’s line was one of the top launches in the history of the company. “It’s so fun doing it with a team that completely understands you,” Coelho continues.

Fresh into the pandemic and quarantined in an uncertain world, the designer had planned to introduce a new category of CCC she had been cooking up for some time. “I was so scared,” she admits. “We were launching swim, which is a category that I feel so strongly about, and I thought we were going to kill it. But with the pandemic, I thought, ‘What do we do?’”

She recalls supportive business advice from friend and mentor Jen Atkin (celebrity hairstylist and owner of OUAI), as well as some encouragement from fashion icon Diane von Furstenberg when they attended the Met Gala together. “Do it,” she remembers DVF telling her. “There’s no right time. Being an entrepreneur is all about taking risks, and if you don’t do it now, it’s going to be too late.”

With a brief delay, Coelho and her team moved forward with the launch despite the possibility of hampered results, only to see the collection completely sell out. “That was one of the biggest moments for me where it really proved ‘follow your heart,’” Coelho says with a smile. “Selling out during a pandemic blew my mind.”
The internet darling then coyly slips that she’s been working on yet another new category for her expanding fashion business. “What are your guesses? Let me just see,” she challenges me.

“Footwear?”

“No, not yet.”

She let me rattle off a couple more predictions in a lightning round of quips until she eventually swore me to secrecy, as excited to share as I was to find out. Once informed of the future announcement, I sat back in my moment of realization thinking, “Aha! Of course it is.”

While we anxiously await said announcement, Coelho and I discuss her current offerings. Being a fashion designer, surely she can afford a Carrie Bradshaw-like closet full of unlimited options of her own creations, but Coelho—who not only makes her own clothing and could also call on any industry fashion czar of her choosing—mentions that she loves to repeat her favorite closet staples, and the perfect day is usually quiet at home, sans makeup, relishing in simple joys like spending time with friends and family. Herein lies one of the many alluring attributes of Coelho—the woman behind the staggering Instagram and YouTube followings is, in fact, truly relatable.

“My husband and I always say we kind of have two different lives,” she says. “My life on social media is not a fake life, but it’s so glamorous, right?”

Rarely do influencers-turned-entrepreneurs still feel intimately personal with their fans after a parade of achievements, but Coelho proves that you can be. A goal of hers this year is to be more active on YouTube, but sharing more of the “real life” Camila as she calls it—a stripped-back version and not just through an ultraglam, influencer lens.

Months after building on CCC, Coelho announced her big beauty venture in the same pandemic summer: Elaluz, which translates to “she is light” in Coelho’s mother tongue, Portuguese. The entrepreneur’s cosmetic line made its debut with only two products, a lip and cheek stain and hydrating lip treatment, both under $35, and has grown to include a
complete collection of essentials across makeup, skin and hair. Funnily enough, when asked what she can’t leave the house without, she references her first two creations.

“I’m such a freak about lips,” she mentions. “My friends make fun of me. I’m always like, ‘Wait! I don’t have my lipstick on and need to retouch!’ The stain makes your lips a bit reddish, and it stays,” she proudly divulges. “I ran out of mine in Brazil, so I stole my mom’s, and she was so mad at me because I left with it. I actually forgot to give it back to her.”

With Elaluz, Coelho commits to mindfulness with thoughtful touches across the full course of manufacturing, from the packaging to the formula, using recyclable materials and FSC-certified boxes, and omitting hundreds of known toxins from the final product.

Coelho didn’t just want to bring a makeup line to market, but rather emphasize the importance of finding your light, recalling personal hardships she has faced as a result of her epilepsy diagnosis at age 9—adversity she only started publicly discussing a couple of years ago. To Coelho, the power of her influence comes into play with her philanthropic endeavors.

“I always say so many people are influencers today that don’t even know it,” she notes. “If you’re active on social media and putting content out there, you’re influencing someone whether the audience is small or big.”

Coelho serves as an ambassador of the Epilepsy Foundation, and she uses her platform extensively to bring awareness to the cause. For her birthday last year, in lieu of receiving gifts, she asked brands and friends alike to make a donation to what was most dear to her.

The end of 2021 marked the start of a new chapter for the creative when she spontaneously decided to move to Miami. After finding a home she felt comfortable in, Coelho started decorating what she lovingly refers to as her little oasis. “We love contemporary but modern and cozy decoration,” the new Floridian expresses. “I found this Brazilian designer, Maris Raffa, who I’m loving, and a lot of my furniture now is from Artefatto. They make everything in Brazil!” Coelho and her husband are looking to purchase a more permanent home in the area in the near future, but have already jumped on supporting local designers to help dream up their perfect abode. “I’m so excited to be in Miami, and as a Brazilian, I feel at home here.”

So, while Coelho settles into her new life in Miami filled with backyard sunbathing, fine dining, friends and revelry, the work doesn’t stop, and she has a slew of projects underway in addition to growing her beloved fashion and beauty empires on a global scale. All eyes are on Coelho, who has proven herself to be a fearless businesswoman who transcends the digital world, and while she’s a muse for so many, I couldn’t help but ask who serves as hers.

“Rihanna, of course!”
Rapid Fire

FAVORITE VACATION DESTINATION
Brazil

GUILTY PLEASURE
TV and chocolate

BEST WAY TO RELAX
At home in my bikini in the backyard

Dior full look, dior.com; Coelho’s own jewelry.

Hair by Dafne Evangelista
Makeup by Babi Moura
Managed by Peechy Group
Glassy and glossy skin is the spotlight this season for fresh-faced beauty that shines.

Photographed by Helena Palazzi
Styled by James Aguiar
Makeup by Kim Weber
On eyes: Violette_FR
Yeux Paint liquid in
Scarabée D’or, Ciel de
Nuit and Cuivre de
l’Aube, violettefr.com.

On face: Symbiose The
Renewal daily cleanser,
symbiose.com. Opposite
page, on face: Violette_FR
Boum-Boum Milk cream
spray, violettefr.com.
On lips: Tom Ford Gloss Lux lip gloss in Phantome. tomford.com


Model: Mari Taylor, Industry Model Management
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A WORLD OF WELLNESS

From Mexico to Africa—and beyond—these newly opened resorts invite guests to venture to exotic locales to achieve serenity in style. BY ALLISON MITCHELL

CONTINUED...
Situated on a 7-acre private island in the Raa Atoll, the resort is surrounded by a tranquil 100-acre lagoon that makes a splash with signature teal waters for which the area is known. As the sister property of Emerald Maldives Resort & Spa, this intimate destination offers 80 villas—the majority of which include private pools—that are ideal for couples and families alike. Five restaurants—including the signature Mediterraneo, an Italian concept—and two bars ensure appetites are satiated, while the Emerald Spa, the resort’s state-of-the-art wellness center, shines as the property’s crown jewel. There, guests will find eight spa suites, tucked under a canopy of palm trees, to enjoy myriad Balinese-inspired massages and facials, plus a steam room, a mani-pedi corner, a yoga pavilion, plunge pools and an outdoor oasis that allows for forest bathing. Fitness is also top of mind thanks to scuba diving, a bevy of water sports, tennis and paddle courts, and an air-conditioned gym featuring Technogym equipment. Now, that’s sweating in style.

ETÉREO, AUBERGE RESORTS COLLECTION
Discover the magic of Mexico’s Riviera Maya at Etéreo, a new Auberge Resorts Collection property that debuted in December 2021. Tucked within a protected mangrove forest, the waterfront wonder honors the traditions and heritage of its sacred Mayan land through its many amenities. Begin your wellness journey with a pre-treatment cleanse at SANA, An Auberge Spa by choosing from a curated selection of soaps, clays, scrubs, butters and oils by Circe Brujeria de Origen to enjoy on your own. From there, indulge in healing energy rituals—which utilize scent, sound and massage techniques—body treatments, exclusive facials by KYPRIS, mani-pedi services, and even tarot card readings. Book SANA privately to experience four to six hours in your own secluded spa setting, which comes equipped with an outdoor rain shower, a hot tub and relaxation areas. You can even curate your own day of wellness with the guidance of Etéreo’s expert team. The mind-body exploration continues outside the spa with sunrise meditations, sound baths, traditional Mayan full-moon ceremonies, yoga and functional fitness classes, and much more. When hunger strikes, toes-in-the-sand dining awaits at the beach club or at the signature Itzam, where fresh tortillas and fire-roasted corn are brought to life on the wood-fired comal daily. Go ahead, dig in. aubugerescorts.com/etereo

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ANDBEYOND SOSSUSVLEI DESERT LODGE
Newly renovated five-star hotel andBeyond Sossusvlei Desert Lodge allows guests to explore Namib, the world’s oldest living desert, tucked within Namibia in southwest Africa. The expansive property—clocking in at 31,419 acres—is home to this well-appointed lodge, where 10 stone-and-glass suites offer private plunge pools, beds situated under the stars thanks to retractable skylights, and glass-enclosed rain showers with 180-degree desert views. While stargazing and helicopter or hot air balloon rides offer visitors both tranquil and adventurous ways to enjoy the mesmerizing locale, the wellness center by Healing Earth equally dazzles. The center is primed to enjoy the sunrise and sunset from your secluded treatment room, where a private spa bath and a separate wet room spa await. Choose from a range of services, including the Quiet Mind Journey (featuring a blend of aromatherapy and deep-tissue massage techniques), or bring your little ones along to enjoy the WILDChild Beauties and Buddies (a foot soak and 15-minute massage followed by African tribal face painting). Further, visitors are encouraged to embrace the mystery of the desert with solo strolls, e-biking and quad rides through the spectacular sand dunes, some of which reach 1,000 feet in height. Desert dreaming, indeed.

EMERALD FAARUFUSHI RESORT & SPA
If an aquatic adventure is what you’re after, set your sights on the forthcoming Emerald Faarufushi Resort & Spa, an Emerald Collection property in the majestic Maldives bowing in October. Situated on a 7-acre private island in the Raa Atoll, the resort is surrounded by a tranquil 100-acre lagoon that makes a splash with signature teal waters for which the area is known. As the sister property of Emerald Maldives Resort & Spa, this intimate destination offers 80 villas—the majority of which include private pools—that are ideal for couples and families alike. Five restaurants—including the signature Mediterraneo, an Italian concept—and two bars ensure appetites are satiated, while the Emerald Spa, the resort’s state-of-the-art wellness center, shines as the property’s crown jewel. There, guests will find eight spa suites, tucked under a canopy of palm trees, to enjoy myriad Balinese-inspired massages and facials, plus a steam room, a mani-pedi corner, a yoga pavilion, plunge pools and an outdoor oasis that allows for forest bathing. Fitness is also top of mind thanks to scuba diving, a bevy of water sports, tennis and paddle courts, and an air-conditioned gym featuring Technogym equipment. Now, that’s sweating in style. emerald-faarufushi.com

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LOCAL NONPROFIT

Celebrating 132-Year Anniversary at Oracle Park
By Ashley Latooof

Telegraph Hill Neighborhood Center (TEL HI) was founded in 1890 and has been serving children and families in San Francisco by providing crucial programs that enhance the quality of their lives. This May, TEL HI will celebrate 132 years of service during its annual fundraising gala, A Taste of TEL HI, and at a special dedication ceremony to rename its playground.

A Celebration to Remember
TEL HI’s annual fundraiser, A Taste of TEL HI, will be held at San Francisco’s Oracle Park on Thursday, May 19, 2022 from 6:00 pm to 9:00 pm. The gala is open to the public and will benefit programs that support children’s education and help get their schooling back on track.

Oracle Park’s Club Level event will be emceed by Renel Brooks-Moon, the pioneering female announcer in Major League Baseball, and auctioneer Franco Finn, the irresistible hype man for the Golden State Warriors, who will entice guests with exciting live auction items. The evening will highlight TEL HI’s dedication and service to San Francisco residents, and honor Christiana “Tina” Keker and her contributions to TEL HI. For more information or tickets, visit taste22.givesmart.com

New Playground will Honor Tina Keker
TEL HI’s playground will undergo a much-needed renovation and will be renamed the “Tina Keker Playground” in honor of an amazing woman who helped transform TEL HI from a struggling nonprofit to an integral community organization whose programs span five locations, serving over 1200 people a day. During the fifty plus years that Tina was involved, she fundraised to keep TEL HI open during difficult financial times, helped to expand TEL HI’s programs and services, which benefit thousands of people in the community, and served on the Board of Directors. TEL HI will host a dedication ceremony to celebrate the opening of the renovated playground. Dion Lim, news anchor and reporter for KGO-TV/ABC7, is scheduled to emcee the event. Joining Dion Lim will be public officials, special guests, community members, and kids from TEL HI’s preschool and after school programs.

“As we began to plan the renovations, we decided to name the playground after Tina Keker in honor of her contributions to TEL HI.” said Nestor L. Fernandez II, TEL HI CEO/Executive Director. “Tina became involved with TEL HI when her boys were enrolled in the preschool program and, over the last 50 years, she has played a significant role in expanding TEL HI’s important work in San Francisco. It just seemed right to name our playground after Tina.”

A Cornerstone of San Francisco
Over 1200 residents a day rely on TEL HI’s programs and services that are offered at different locations throughout the city, including the North Beach and Mission Bay neighborhoods. Their programs include year-round early childhood education for infants, toddlers, and preschoolers, and an after-school program that provides activities and tutoring for children in kindergarten through 5th grade during the school year and a full-time Summer Camp during the summer months. TEL HI also operates middle and high school-based programs that provide academic and social-emotional support to students throughout the school day, as well as senior and family services, including daily nutritious hot meals, technology and wellness classes, and various in-person and online workshops. To learn more about TEL HI, visit telhi.org
HACIENDA ALTAGRACIA
Experience an all-encompassing holistic getaway at Costa Rica’s new Hacienda AltaGracia. An Auberge Resorts Collection destination, the 180-acre property invites guests to achieve tranquility in the lush foothills of the Talamanca Mountains, easily accessible from both San José and Liberia. In partnership with New York City-based wellness provider The Well, Hacienda AltaGracia begins each visitor’s trip with a virtual health coaching consultation to plan an all-inclusive itinerary that emphasizes each guest’s goals—whether it be plenty of time at the spa or white-water rafting down the sacred Pacuare River. On-site, Casa de Agua plays home to a hydrotherapy center—think pools, showers, steam rooms and saunas—plus eight treatment rooms, where holistic massages and tech-driven experiences, like Celluma light therapy, take place. Outdoors, movement classes, meditation, a healing garden and a signature herbal river bath on the banks of the Calentillo River connect guests with their natural surroundings. Don’t miss the 700-pound Well Rancho Crystal to experience integrative energy healing as well. Once serenity is found, get your heart pumping by hiking through the lush El Rio forest, or horseback riding to Don Nery’s nearby farm to discover tortilla-making and sugarcane distillation. You can even take flight from AltaGracia’s private airstrip to the Osa Peninsula and Isla del Caño National Park to snorkel, dive, fish and lounge on the sun-kissed sand. By night, nocturnal treks reveal the forest’s residents—including brightly colored frogs and wild ocelots—while stargazing gets a personal twist thanks to astrologer-led birth chart readings. How’s that for adventurous? aubergeresorts.com/altagracia

SIX SENSES FORT BARWARA
More than 10 years in the making, the 14th century Six Senses Fort Barwara in Rajasthan, India, has been thoughtfully transformed into a 48-suite resort, where accommodations range in size from 753 to 3,014 square feet. Accessible via a two-and-a-half-hour car ride from Jaipur International Airport or a 6- to 7-hour car ride from Indira Gandhi International Airport in Delhi, the historic site immerses its guests in local cuisine at Roohani, the property’s signature restaurant led by chef Matthew Crop. Ingredients in its health-driven dishes are sourced from the on-site organic garden and nearby farms to allow produce to shine across the menu. Meanwhile, the 30,000-square-foot Six Senses Spa revitalizes travelers with signature massages, ayurvedic treatments, healing facials, mindfulness practices and personalized wellness programs. Visit the spa’s Alchemy Bar to create your own energy-boosting scrub, utilizing a blend of indigenous essential oils, muds, clays, gels and vegetable oils. Off-property, the Six Senses team is happy to coordinate a sunset drive through the Rajasthani countryside, ending at a secluded lake, or a wildlife safari adventure in Ranthambore National Park. Finally, retreat to your elegant quarters—originally owned by a royal Rajasthani family—to enjoy views of Chauth Ka Barwara village and its storied Chauth Mata temple. sixsenses.com
Charles K. Lee, MD, FACS
L plastic surgery - San Francisco

Named one of America’s Top Doctors by Castle Connolly, Dr. Charles K. Lee is a board certified plastic surgeon specializing in eyelid and facial surgery serving the Bay Area since 2003. As the author of multiple chapters in the Clinics of Plastic Surgery textbook, Dr. Lee’s precision approach to surgery is at the cutting edge for Asian eyelid surgery to microsurgery. His expertise in plastic surgery is not only devoted to breast reconstruction using self-tissues, but also enables him to perform finesse cosmetic surgery in the face, nose, and breast. He has lectured all over the world and has been an invited speaker and consultant to eminent medical companies. “It is absolutely essential to understand each patient’s specific and unique goals while also explaining the details of the process from to start to finish, and feeling absolutely comfortable with your surgeon,” he says. Dr. Lee is the Chief of Plastic Surgery at St. Mary’s Medical Center and is an Associate Clinical Professor of Surgery at the UCSF Division of Plastic Surgery teaching residents and fellows in the art and science of surgery. He has been called the “surgeon’s surgeon,” being entrusted to operate on surgical colleagues, while also helping other surgeons who request his expertise for the most challenging operations. Dr. Lee takes special care in corrective, revision surgery for operations that have been done elsewhere that have gone awry. “My greatest reward is in seeing my happy patients who can’t stop smiling at their follow-up appointment!”

THE SERVICES: Upper & Lower Eyelid Surgery, Facelift, Fat Grafting, Rhinoplasty, Breast & Body Contouring, Laser Skin Rejuvenation, Botox

“My greatest reward is in seeing my happy patients who can’t stop smiling at their follow-up appointment.”
There comes a time in every vacationer’s life when taking a plunge becomes not only a necessity, but also part of understanding the mosaic of a place. I consider this notion as I stand on a platform clinging to an inner tube the size of a tiny European car. I’m atop the so-called Cyclone Rush, one of 24 slides at the new 15-acre beachfront luxury water park known as Baha Bay, located at Nassau’s Baha Mar (bahamar.com), which features the first-ever gaming pavilion inside a water park. The aptly named Cyclone Rush is akin to sliding down Class IV rapids—that is, if a river were tilted on its side, partially encased in a tube and occasionally defying the laws of gravity.

I needed this. And I’m guessing many others feel the same after two years of following protocols and forgetting what abandon actually entails. The park also includes two uphill water coasters, a FlowCurl surf simulator and a 500,000-gallon wave pool. It’s a theme of unbridled fun, coupled with surprises and countless luxuries, which make the resort—encompassing Rosewood Baha Mar, SLS Baha Mar and Grand Hyatt Baha Mar—a Bahamas favorite for everything from its buzzy casinos and pool parties to the Caribbean’s only

Art of Abandon

NAASAU’S Baha MAR CONTinues TO OFFer GUESTS DIVERsIONS THAT SURPRISE AND FEED THE ISLAND SOUL. BY MICHAEL MCCARTHY
flagship ESPA (with 24 private rooms for an impressive lineup of spa treatments) and splendid beaches.

When mapping out a stay here, consider the extremes. Embark on a mind-blowing flume, followed by afternoon tea in the Rosewood’s library, a room so gilded in splendor it feels like a *Downton Abbey* set; I advise to sink into the gold and blue velvet couches for an hour. From Thursday through Saturday afternoons, the room hosts a Folklore Tea—stories abound regarding the mythical Lusca, Chickcharnie and Anansi— with local bush teas, tea-based cocktails, scones, finger sandwiches and desserts like delicately forged macarons. The tea service is part of the resort’s choreographed aesthetic, which combines tradition and a new way to see the world.

Part of this vision falls into the lap of Nassau native John Cox, a Rhode Island School of Design grad and the creative arts director for the resort. I meet Cox at Baha Mar’s art gallery, known as The Current Gallery and Art Center, a space filled with contemporary work by local artists shattering the notion of what constitutes Bahamian art.

“My job is to effect a paradigm shift,” says Cox, whose work has shown at Art Basel. “We have 7 million tourists coming to Nassau each year. We can create a metaphoric highway that intersects with that vast number of people to show them a new vision of what our art really is.” He walks me around The Current and the resort itself, pointing out work from breakthrough artists like Sue Katz (susankatzstudioart.com), whose mixed-media genius is part of 2,500 pieces of Bahamian art from established and rising creators. It’s an ambitious effort that further establishes the resort’s singularity.

This progressive tone continues with two signature restaurants (among 45 dining spots and lounges at the resort): Café Boulud and Marcus at Baha Mar Fish + Chop House. Chef Daniel Boulud’s namesake restaurant goes glam with both its indoor and outdoor spaces; the chef’s steady hand is mirrored in the kitchen, with dishes like yellow tuna carpaccio, sablefish, roasted duck (dressed in clementine, parsnip, beets and red wine jus) and bold Berkshire pork chop (lined in bacon crust and braised with endive apple puree).

The decibel level at chef Marcus Samuelsson’s on-property restaurant, with its white decor scheme, is decidedly higher; make no mistake, this is a culinary party, with a menu that shows the chef’s keen interest in exploring traditional island flavors and using the kitchen as a lab to create new ones. The for-the-table cornbread is a revelation; its crispy shell holds a delicate center—be sure to anoint the bread with the accompanying hot-buttered rum for instant bliss. From there, standout entrees include black crab Bolognese with sour-orange gremolata, and grilled pork chop elevated with sizzled pineapple, corn and jerk rub. Samuelsson’s hangout symbolizes Baha Mar’s overall vibe: daring patrons to explore and treasure new facets of an island that continues to evolve. The rest comes easily, as guests take the plunge toward everything good under the Bahamian sun.
The Big Easy, Elevated

LET THE GOOD TIMES ROLL IN LUXURIOUS STYLE AT THE RECENTLY UNVEILED FOUR SEASONS HOTEL NEW ORLEANS. BY J.P. ANDERSON

From incredible dining and world-class music to an irrepressibly joyful attitude toward life, New Orleans is a nonstop feast for the senses—and its main banquet table is the historic French Quarter, where revelers eat, drink, party and play at every hour of the day. It’s easy to overindulge, but on a recent visit to the Crescent City, we found a sublimely soothing retreat from the scene just a few blocks away: the just-debuted Four Seasons Hotel New Orleans (fourseasons.com/neworleans).

The location has serious history: Hugging the bank of the Mississippi River steps from the Quarter, the hotel and residences (341 rooms and suites and 92 condos) is set in the 1967 World Trade Center building, a downtown landmark that is listed on the National Register of Historic Places and, at 34 stories, one of New Orleans’ tallest structures. It has also sat empty since the building’s closure in 2011, making its renaissance as one of the city’s most luxurious hospitality destinations that much sweeter. “The building itself is something to celebrate,” says Mali Carow, the property’s general manager. “There is so much soul in this building that you can feel it when you step inside.”

The building’s exterior is staid, but the vibe inside is decidedly inviting, with sophisticated surroundings that exude a healthy dose of Creole flair. In the lobby, all eyes are immediately drawn to the stunning Chandelier Bar, which earns its name with a showstopping central fixture dripping in 15,000 crystals; walls are covered in work by renowned local and national artists like John Alexander and Leonardo Drew. Just beyond beckons bistro-chic Miss River, one of two on-site restaurants, this one helmed by James Beard Award winner Alon Shaya (the other, fifth-floor Chemin a la Mer, is led by fellow Beard winner Donald Link). Billed as Shaya’s “love letter to Louisiana,” Miss River had us smitten by meal’s end. Even in a city where it’s nigh impossible to have a bad meal, our dinner—from decadent blue crab au gratin to clay pot dirty rice that had us scraping the last bits from the bowl—had us enraptured from start to finish.

And that’s just the start of the Four Seasons New Orleans’ charms. The generously sized rooms boast marble bathrooms and stylish riverboat-inspired shiplap walls; the spa tempts with Triple Lift facials and Southern Gentleman massages (perfect after a night of revelry); and the must-visit observation deck on the 34th floor offers unsurpassed river and city views. Best of all, everything is within easy strolling distance of the heart of the French Quarter, making it even easier to have the poshest Big Easy weekend ever.
Finding Balance

BLENDING A DATA-FOCUSED APPROACH TO HEALTH WITH LUSH SURROUNDINGS, EXQUISITE MEALS AND AWE-INSPIRING TREATMENTS, SENSEI LANAI, A FOUR SEASONS RESORT, HAS MASTERED THE ART OF LIVING WELL. BY LAURA ECKSTEIN JONES

There’s something about the Hawaiian Islands that just feels right. Warm, fragrant breezes; lush foliage and flowers; and even the omnipresent ukulele music that plays adds up to a deeply soothing experience that’s lured visitors to the middle of the Pacific Ocean for ages.

One destination that gets less attention than Maui or Oahu is the tiny island of Lanai. Previously the center of the world’s pineapple production, it was purchased by Oracle co-founder Larry Ellison in 2012. Since then, he’s been busy updating Lanai’s two luxury resorts—the beach-adjacent Four Seasons Resort Lanai and Sensei Lanai, A Four Seasons Resort, the latter of which recently underwent a major overhaul.

Located nearly 2,000 feet above sea level, Sensei Lanai is an adults-only paradise dedicated to all things well-being. A collaboration between Ellison and Sensei co-founder Dr. David Agus, the resort offers visitors a variety of packages, from room-only rates that include access to classes and activities to the new five-day Optimal Wellbeing Program, where a dedicated guide uses a data-driven approach to create a customized itinerary centered on health and longevity.

After a strenuous few months, I am absolutely giddy to try out the Optimal Wellbeing Program. My journey actually starts weeks before the trip when a Whoop—a techy band that records all sorts of health and sleep metrics—arrives at my door. I wear it leading up to and during my stay: The data gathered plays a part in shaping my overall experience.

When I finally arrive to Sensei Lanai—after landing in Honolulu and a short, 25-minute transfer via a semiprivate Lanai Air plane—I’m struck by the gorgeous property. Not only is it bursting with lush foliage and elegant Cook pine trees, but there’s an assortment of striking sculptures woven into the landscape, including figural works by Botero in front of the plantation-style hotel, and a towering Jeff Koons piece in the high-ceilinged lobby. The property is dotted with works by many important artists—including several by Jaume Plensa and Robert Indiana—something that adds a extra layer of depth and discovery.

In between relaxing in my beautifully appointed room (there are 96 on property), partaking in classes and a hike, relaxing by the pool, soaking in outdoor hot tubs nestled in the onsen garden, dining...
LIVE LIFE TO THE WELLEST

TPA isn’t the only way to supplement your immune system, but it might be the best way. Thymic Protein A (TPA) is a naturally-occurring protein, produced by the thymus gland, and essential in supporting optimal immune health. So if you’re looking to live life to the fullest, you can start by living life to the welllest.* Learn more and shop now at www.ProBoostNow.com/wellest.
From top: The resort’s natural beauty can be viewed from every angle, including from various walking paths that snake across the property; the airy lobby is the center of activity; Sensei by Nobu at night.

at the signature Sensei by Nobu all-day restaurant, visiting the sister beach property and enjoying an incredible spa treatment (more on that later), I meet with several experts to discuss my health and wellness intentions.

My first appointment is with my guide, Trevor, who pulls up the information I submitted before arrival in an impressive presentation. We go over my goals, and discuss how they relate to the Sensei Way: three fundamental paths including Move, Nourish and Rest. At Sensei Lanai—and I assume at other Sensei resorts that will open in the future, like Sensei Porcupine Creek in Rancho Mirage, Calif., set to debut this fall—so much revolves around these pillars. Movement and Rest are self-explanatory, while Nourish focuses on both food and activities that nourish the soul.

From there, he conducts a series of physical tests that will help guide my time at the property. This data will also appear in a Guide to Growth that’s sent after the trip. I have blood taken to test certain biomarkers, and those results are discussed in my next meeting with Marlee, a nutritionist on staff who I vibe with immediately. I walk her through my eating habits, and she comes up with subtle changes that can make a big difference.

The last expert I meet with is Skyler, who helps me determine the best workouts for my lifestyle. One thing she says will stick with me: Workouts don’t have to be full “meals” every time—they can also be “snacks,” or small 5- or 10-minute bursts of activity throughout the day, like jumping jacks. It’s such simple advice—I know I can follow it and integrate it into my busy schedule.

My most memorable experience by far is time spent at the spa, consisting of 10 small houses or “hales.” Each is equipped with infrared saunas, steam showers and onsen wooden tubs, plus an outdoor shower and soaking pools; I could have easily spent all day relaxing in the space. I am booked for a biomapping session that measures areas of heat in my body, followed by a massage. The biomapping gives my therapist insight into what areas need extra attention, leading to one of the best massages of my life. Post-treatment, I enjoy fruit and tea in the hale and make the most of the incredible facilities. One thing to note: Spa treatments only come with an extra 20 minutes of time to enjoy the hale. Definitely reserve extra time.

Besides the top-notch service and the beyond-gorgeous property, what sets Sensei Lanai apart is its astute attention to detail—and to data. While there, experts communicate with each other about you before each meeting, so your time is never wasted and you always feel cared for. Connection—to the caring guides, to nature, to the inspiring artwork, to the beautiful property and, most importantly, to yourself—is key, and lasts long after leaving. sensei.com
The Inaugural V Foundation Sonoma Epicurean Gala

Montage Healdsburg
March 31—April 3, 2022

The V Foundation for Cancer Research raised over $2.4 million at the inaugural Sonoma Epicurean weekend, held March 31 - April 3 in Sonoma County's renowned wine country. A signature series of events, Sonoma Epicurean featured curated experiences with award-winning chefs, local artisans, and world-class vintners with a focus on lifestyle, wellness and sustainability. Proceeds from the inaugural event will support grants funded through the Stuart Scott Memorial Cancer Research Fund at the V Foundation for Cancer Research. The V Foundation has now funded over $290 million in cancer research grants nationwide.

Photography by Courtesy V Foundation Sonoma Epicurean
the guide THE LOOK

Work It Out
LOOK NO FURTHER THAN THESE LOCAL SHOPS FOR FITNESS APPAREL AND GEAR THIS SUMMER. BY PILI SWANSON

AETHER
AETHER is a haven for outdoor looks. Dedicated to functionality, modernity and resistance, many of AETHER’s clothes are weather-resistant and waterproof. The brand’s mantra, “You only get one spin,” embodies being active and saying yes to adventure, which is what the clothing aspires to showcase. As the original stand-alone store, the Hayes Street location is presented through three large containers stacked on top of each other with a glass-encased lounge and a belt-driven “dry-cleaner” conveyor system. The shop offers a curated, trend-driven selection of men’s and women’s threads. 489 Hayes St., 415.437.2345, aetherapparel.com

A RUNNER’S MIND
A Runner’s Mind made its debut in 2010, offering a professional gait analysis, performed by team members to measure customers’ feet combined with a recording of them walking on the sidewalk for a brief amount of time. Team members analyze a client’s foot, hip and other mobility functions to find the right fit. The brand offers several group events, where people with a range of running or walking experiences can participate in weekly Thursday-evening walks. “Our team members are runners of all levels who are more than happy to share their tips and expertise on injury prevention and treatment, recommend local physical therapists and fitness classes, and make training suggestions,” says Chance Kinney, store manager and digital media director. 3575 Sacramento St., 415.800.7575, arunnersmind.com

ALLBIRDS
Increasingly popular brand Allbirds is known for creating comfortable shoes sustainably. Its shoes are made with merino wool and eucalyptus tree fiber; the brand also uses recycled plastic for shoe laces, castor oil in the insoles and recycled cardboard for packaging materials. Other efforts include shifting farming practices for healthy soil (reducing CO2) and using cleaner fuel and energy—and less of it. San Francisco is home to the first-ever Allbirds store, which opened in 2014, and its second location was designed to keep natural materials in mind.

From top: Cashmere hoodie and Dolomite boots from Aether; Allbirds’ Tree Dasher 2 shoes.
by using reclaimed wood within key parts of the store.
425 Hayes St., 415.469.1455; 57 Hotaling Place, 415.802.2800,
allbirds.com

**SAN FRANCISCO RUNNING COMPANY**
Known as one of the finest trail-running stores in the Bay Area since 2013, the San Francisco Running Company offers more than just shoes. This community-centric establishment hosts monthly Saturday-morning group runs on trails like the Tennessee Valley and Coastal Trail, with the length of runs varying each week. Plus, the recently launched membership program offers in-store discounts, monthly field trips, events and other perks. Although the company is trail-shoe-centric, other styles are offered for a variety of activities from top brands, including Hoka, Salomon, Altra and Nike. “We welcome trail runners of all abilities, whether they’re starting out or trying to train for a marathon,” says Mecque Tucker, the store’s general manager. 247 Shoreline Highway, B1, 415.450.7031, sfrunco.com

**SPORTS BASEMENT**
Since 1998, this one-stop shop for sports fanatics has not only focused on the outdoors but also on community needs. In 2015, the Basementeer program was launched: The profit-sharing initiative rewards members with store perks and also donates 10% of a fiscal year’s worth of profits to nonprofits of the member’s choosing. With 11 locations throughout the Bay Area, the stores offer a space for local gatherings and events, from community meetings to film screenings. Customers can pick up brands like Patagonia, New Balance, The North Face and many others. Plus, every location offers rental equipment for biking, tennis, skiing, snowboarding and more. Multiple locations, shop.sportsbasement.com
the guide
FIT FOOD

Smooth Move

LOOKING FOR A HEALTHFUL POSTWORKOUT BOOST? TRY ONE OF THESE TOP SMOOTHIE AND JUICE SPOTS AROUND THE BAY AREA. BY CHLOE KONRAD

Bebebar
Dolores Park is home to local smoothie and juice favorite Bebebar. Brazilian ingredients and an owner from Rio de Janeiro make for out-of-this-world flavors in the venue’s acai bowls, smoothies and juices. Bowls are topped with gluten-free granola, and customers can add exotic toppings like hemp or bee pollen, or opt for smoothies like the Indra or the Senan for something a bit sweeter. Inside the location next to Mission Dolores Park, visitors will find a colorful interior with tables created by the Argentinian and San Franciscan artist Alex Garcia. 3809 18th St., 415.874.9896, bebebar.com

Nourish Cafe
Located in Nob Hill and the Richmond District, Nourish Cafe has served plant-based and GMO-free food for seven years. Sarah Bacon and Brighton Miller opened the cafe together and are passionate about bringing plant-based diets to locals. Miller is the head chef and uses sustainable local ingredients for all her dishes, including the smoothie bowls, smoothies and juices. Nourish strips down the showy breakfast trends to the basics for dishes like the dragon fruit bowl. Moringa, a superfood, can be added as a topping to any of the bowls. Smoothies like the Very Berry, the Dragonfly and the Baobab Banana Berry are also available, and the
Sixth Avenue location has a short and sweet selection of juices. Choose from the Balanced, the Nourished or the Vibrant juices to start the day. 189 Sixth Ave.; 1030 Hyde St., nourishcafesf.com

Sidewalk Juice
The brand now has five locations across San Francisco and the Bay Area, including one in the SFO International Airport. Owner Jason Nazzal was a wrestler who found that cleaner, healthier foods aided his performance and recovery, so the team continues to concoct a lengthy list of brightly colored and tasty juices like Citrus Gold and Turmeric Ginger-Aid. Juice Shop recently released a new line of products known as the tonics. Each drink is 100% organic and made using a hydraulic press, which produces liquid retaining the highest amount of nutrients, enzymes and flavor possible. Putting sustainability at the forefront, Juice Shop uses glass bottles that customers can bring back for reuse. 432 Octavia St., 415.757.0696; 221 Corte Madera Town Center, Corte Madera, 415.927.1959, juiceshop.com

Juice Shop
What started as a solution for liver health problems is now a bond between three brothers who offer clean, plant-based juices at Juice Shop. The team

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1. PLAY HOOKY AT THE COSMOPOLITAN

Make waves and steal glances this summer with 25% off midweek stays at The Cosmopolitan. More time to soak up the sun during the day watch blockbuster hits at the pool on Monday nights or get the best view of The Strip while listening to live music during Sunset Cocktail Hour on Thursdays. The Pool District at The Cosmopolitan has something for everyone all throughout the week.

[Website and contact information]

2. VISIT CK CONTEMPORARY

Located in the heart of Union Square, CK Contemporary is committed to new and experienced collectors who desire a skillful steward in the acquisition of paintings, drawings and sculpture that are both timeless and unique. Realism and representational art has long been the gallery’s focus, though we showcase genres ranging from abstraction to contemporary still life. CKC also develops a number of historic artist estates, primarily of mid-century American painters.

[Website and contact information]

3. ALONZO KING LINES BALLET’S SPRING SEASON

The internationally celebrated contemporary ballet company is thrilled to kick off its 40th Anniversary season with the world premiere of a new work featuring Grammy Award-winning vocalist Lisa Fischer. The brilliant vocalist will perform live alongside the LINES Ballet dancers to a new commissioned score by jazz pianist Jason Moran. Performances run May 13-22, 2022 at the Blue Shield of California Theater at Yerba Buena Center for the Arts.

[Website and contact information]

4. FIREFLY DROPLET BY NANCY CALLAN AT MONTAGUE GALLERY

As the only gallery in San Francisco that specializes in contemporary glass art, visiting Montague Gallery is a special treat. Presenting an expansive roster of world class artists, Montague Gallery showcases a variety of techniques including blown, cast, flameworked, and cut glass. You will also discover carefully selected paintings and fabulous jewelry featuring exquisite handblown glass beads.

[Website and contact information]
Roll With It
PROFESSIONAL CYCLIST PETER STETINA TEAMS UP WITH HOTEL HEALDSBURG THIS SPRING FOR RIDES LIKE NO OTHER. BY MICHAEL MCCARTHY

Peter Stetina (peterstetina.com) has the type of résumé that’s storytelling gold during long, lovely rides. Among other accomplishments, including three national championships, he was a member of Ryder Hesjedal’s groundbreaking Giro D’Italia victory team; he also completed two Tour de France and Vuelta de Espana races. More recently, the Sonoma native set a course record for Moab, Utah’s infamous White Rim Trail. Now, the cyclist partners with Hotel Healdsburg and its sister properties, h2 hotel (h2hotel.com) and Harmon Guest House (harmonguesthouse.com), to pedal with guests during cycling adventures in wine country. The private, guided ride with Stetina for up to four guests of all skill levels includes a two-night stay, a welcome bottle of Sticky Bottle (a collaboration between winemaker Lucas Meeker and Stetina) and postride Sonoma County craft beer. A $400 donation per package goes toward the B-Rad Foundation (b-radfoundation.org), which provides a new bike, helmet, lock and cycling adventure to a local child in need. Pro Cycling Experience package, 25 Matheson St., Healdsburg, 707.431.2800, hotelhealdsburg.com