

Free Healthy Aging Workshop Fitness & Nutrition in the 21st Century

TEL HI AGING & OLDER ADULT WELLNESS PROGRAM

REGISTRATION FORM

Class Schedule: Every Thursday, August 08 – September 19, 11 AM-Noon TEL HI Gym, 555 Chestnut Street, SF

We ask that all participants agree to the following terms:

- Commit to the full 6 week program
- Meet minimum age requirement: 50 years old

Participate during classes

First Name	Last Name
Date of Birth	Age Gender
Street Address	
City/Zip	Email Address
Primary Phone	Cell Phone
Emergency Contact	
Relationship To Participant	Contact Number
List Allergy/ Medication	
as co free v	er: I release TEL HI from responsibility for any risk of bodily injury, death, or property damage overed in the "General Release of Liability". I assume all risk for any injuries. I sign of my own will. I agree to the terms outlined above. I understand that TEL HI may remove me from the am if I do not follow the outlined terms.
Signature:	Date:

Please return completed form to Koletti Leha, Program Manager, at KLeha@telhi.org. Or it can be dropped off at TEL HI, 660 Lombard Street, SF. For additional information please email Koletti or call 415.421.6443, ext 30

PHOTO RELEASE: I/we agree to allow use of my/our photograph in program publicity. I have read and fully understand these policies. Initials: